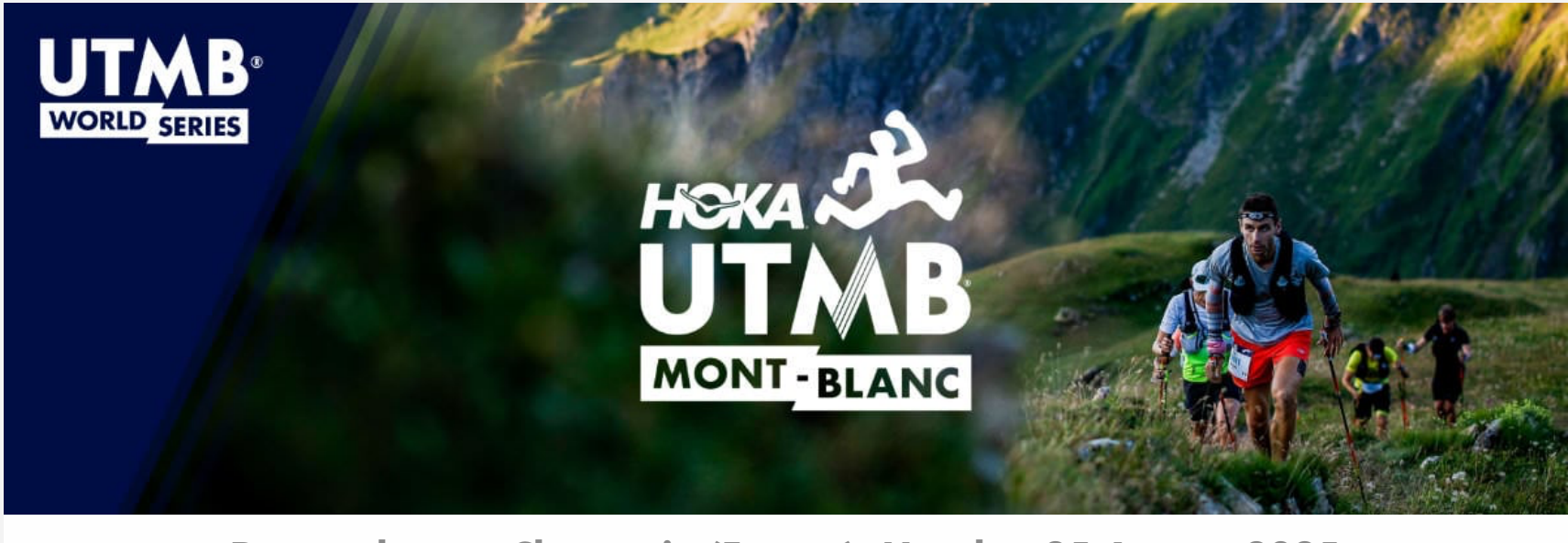




Press release - Chamonix (France), Monday 25 August 2025

HOKA UTMB Mont-Blanc 2025

The first races are underway with 120 teams setting out on the 300km, 25,000m D+ of the PTL

This morning in Chamonix, under brilliant sunshine, the 22nd edition of the HOKA UTMB® Mont-Blanc was officially launched. From the collective, extreme challenge of the PTL®, to the festive, community spirit of the MCC, and the charged anticipation of the wild and technical TDS® which departs tonight from Courmayeur – every race offers a unique story of effort, emotion, and pushing limits.

That spirit came to life this morning as the PTL® adventurers set off, fully equipped with their mandatory gear, on a week-long alpine odyssey. They will cross peaks and valleys until Sunday, when the final teams are due to arrive.

PTL: AN INTROSPECTIVE HUMAN EXPEDITION IN THE HEART OF THE ALPS

In recent years, the way people relate to the mountains and their free time has profoundly evolved. The appetite for adventure and physical challenge has grown, attracting a wider and more diverse audience – from nature lovers to first-timers, from city dwellers seeking disconnection to seasoned athletes. All are united by a common desire: exploration, going beyond, and a return to essentials.



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While every HOKA UTMB Mont-Blanc race allows participants to live their own adventure, the **PTL® – Petite Trotte à Léon** – takes the experience to another level. More than a race, it is a true **human expedition: extreme, sensory, and collective**.

This unique format offers more than just distance. It takes runners back to the essence of adventure: at night, headlamps trace the ridgelines and scree fields; refuges and improvised bivouacs become **places to rest and share stories**. Along the way, the experience unfolds in harmony with the mountains and in respect of those who live there – farmers, shepherds, and herders. Each col crossed and each valley descended tells **a story of collective achievement**, where solidarity and mutual support are at the heart of the journey.

At 08:00 this morning, 120 teams of two or three runners set out on the 2025 course, unveiled – as tradition dictates – just one week earlier.

The challenge in numbers:

- **300km** (~7 consecutive marathons) **and 25,000m of elevation gain** (the equivalent of climbing Everest three times), crossing Valais, the Aosta Valley, and the Mont-Blanc region.
- **No course markings and semi-autonomy**: each team must **manage navigation, resupply, and pacing** amid breathtaking alpine landscapes.
- **Here, it is not about speed but solidarity**: progressing side by side, supporting one another, and going beyond physical and mental barriers over **5 to 7 demanding days**, where endurance, fatigue management and collective strength are key.
- **A dedicated race HQ will operate 24/7 throughout the week** to ensure the safety of all participants along the route.



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PTL: human stories at the heart of the HOKA UTMB Mont-Blanc

The Youngs of Yannawah – a story of siblings

This family team brings together two Australians, brother and sister, with a shared passion for the mountains. **Milly Young**, the elder, and her younger brother **Charlie** form a close-knit duo where solidarity and adventure go hand in hand. In 2023, they left everything behind to settle in Chamonix at the foot of the Mont Blanc massif. The following year, in 2024, they completed their first PTL with enthusiasm and humility.

For 2025, they return with the same hunger for adventure and the determination to face this extraordinary challenge once again.

"Running the PTL last year was a dream, and we are excited to discover the 2025 route (hopefully even harder and more technical!). For us, it's the most beautiful race in the world. Thank you for all the work that goes into designing the course – we can't wait to share this mountain experience again with extraordinary people from around the globe, and of course with the amazing volunteers in 2025. Merci, Grazie, Thank you."

The Aravissantes – A 100% female team

Mélanie Bastard Rosset, Charline Pelissier and Mélanie Douche form a tightly-knit women's team from the Aravis – a mountain range in Haute-Savoie, French Alps. Friends since meeting at the Ultra Traversée des Aravis in 2022, they now embark on a new challenge together – one that blends complicity, determination, and a shared love of the mountains.

"We're not elite runners with long palmarès, nor influencers, but we enjoy life's simple pleasures: Reblochon (the local mountain cheese), good times with friends, Génépi (a traditional alpine herbal liqueur), long days in the mountains, evenings by the fire – and above all, adventure!"

TDS: THE OTHER WILD ADVENTURE

The TDS sets off tonight at 23:50 from Courmayeur, covering 153km with 9,000m of elevation gain. Winding through forests, authentic villages and wild landscapes, **1,600 runners** will take on this demanding and highly technical challenge.

This year's elite field is stronger than ever with **a 37% increase in experienced athletes**.

Among them:

- Women: **Manon Bohard Cailler (FRA, UTMB Index 746), Careth Arnold (USA, UTMB Index 727), Ida-Sophie Hegemann (GER, UTMB Index 725)**.
- Men: **Benat Marmissolle (FRA, UTMB Index 878), Antoine Charvolin (FRA, UTMB Index 880), Pau Capell (ESP, UTMB Index 864), Alexandre Boucheix (FRA, UTMB Index 819)**.

RESULTS OF THE DAY

Today, the **MCC (40km / 2,350m D+)** brought together 1,000 participants – volunteers, valley residents and trail enthusiasts – to celebrate the mountain spirit in a warm and festive atmosphere.

Top 3 Women:

1. Marine QUINTARD (FRA, UTMB Index 726) – 4:16:24
2. Pauline GIRARDET (FRA, UTMB Index 817) – 4:21:16
3. Iris PESSEY (FRA, UTMB Index 817) – 4:25:04

Top 3 Men:

1. Yoann STUCK (FRA, UTMB Index 808) – 3:40:10
2. Léo TUAZ (FRA, UTMB Index 841) – 3:40:27
3. Clément GÉNOT (FRA, UTMB Index 817) – 3:41:56



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WHERE AND HOW TO FOLLOW THE HOKA UTMB MONT-BLANC 2025

From 25–31 August, the Mont-Blanc Valley will be the stage for an exceptional week of trail running, where fans and newcomers alike can follow – free of charge – the exploits of elite athletes and hundreds of runners pushing their limits. Whether in Chamonix or following remotely, everyone can experience the intensity of the races, the beauty of the Alpine landscapes, and the unique atmosphere of the event through live coverage and on-site activities.

- **Live**: from Thursday 28 August, 07:45 (CEST) – expect more than 70 hours of **UTMB Live streaming** (live.utmb.world), with the OCC, CCC® and UTMB® finals broadcast in five languages, featuring expert commentary and spectacular footage (drones, on-board cameras, LiveCam).
- **Online & social media**: follow [real-time rankings](#), LiveTrail® stats, interviews, behind-the-scenes insights, and highlights shared across the official [HOKA UTMB Mont-Blanc](#) and [UTMB World Series](#) platforms.
- **On-site**: soak up the unique Chamonix atmosphere with the [Fan Experience](#) at the heart of the Ultra-Trail® Village (talk shows, entertainment, watch parties, athlete meet-ups), alongside festive activities throughout the valley and host villages.

Tuesday 26 August 2025 – Highlights

- 11:00 – Start of the YCC from Courmayeur
- 14:00 – Start of the ETC, also from Courmayeur
- First TDS finishers expected in the evening

NEWS ACCESS

*News Access will be available at later hour tonight.

PRESS KIT

A dedicated WhatsApp group for accredited media covering the HOKA UTMB Mont-Blanc 2025 is available [here](#).

Note to editors

About UTMB® World Series

The UTMB® World Series is the trail running circuit that brings together the best athletes in the sport and amateur runners in top international events held in some of the most beautiful places on the planet. The UTMB® World Series is rooted in a passion for the mountains and respect for the environment and offers trail running enthusiasts the chance to experience the UTMB® adventure across the globe, with events taking place in Asia, Oceania, Europe, Africa and the Americas. This is the way for everyone to start their quest towards the HOKA UTMB® Mont-Blanc, where the UTMB® World Series finals take place. Launched in May 2021 with the collaboration of UTMB Group and The IRONMAN Group, the UTMB® World Series circuit brings together 50 events in 28 countries. For more information, visit <https://utmb.world>.

About UTMB Group

Since the creation of HOKA UTMB® Mont-Blanc in 2003 by a group of passionate friends, UTMB Group has been the driving force behind the development of trail running. The HOKA UTMB® Mont-Blanc is the sports pinnacle event, and every year, 10,000 runners earn their place on the start line. UTMB Group also pioneered the UltraTrail® technology, an innovative digital service that supports the management of endurance races. Revered by hundreds of thousands of athletes, UTMB® has become a global, premium, and leading brand. In May 2021, UTMB Group partnered with The IRONMAN Group to launch the UTMB® World Series, which brings together many of the best international events on the planet to provide exclusive access to the sport's pinnacle event, HOKA UTMB® Mont-Blanc. The UTMB® World Series is built on the founding principles of HOKA UTMB® Mont-Blanc: surpassing oneself, fairplay, respect for people and the environment, and solidarity. Find out more at <https://utmb.world>.

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