



大蜀道100越野赛

ULTRA-TRAIL SHUDAO

BY **UTMB®**

RACE GUIDE

08-09 NOV 2025

UTMB®
WORLD SERIES

HOKA


SUUNTO

 **隆景体育**
LUNGKING

<https://shudao.utmb.world/>



CONTENT

2025 ULTRA-TRAIL
SHUDAO BY UTMB®
P.3

THE WORLD'S ULTIMATE
TRAIL-RUNNING CIRCUIT
P.4

TIMETABLE
P.8

EVENT LOCATION
P.12

LAYOUT MAP
P.14

SAFETY INFORMATION
P.15

RACE RULES
P.20

DSD 100K AID STATION
P.31

MSD 50K AID STATION
P.34

ESD 20K AID STATION
P.38

RACE EQUIPMENT LIST
P.15

SHUTTLE BUS SERVICE
P.41

POST-RACE SERVICES
P.43



2025 ULTRA-TRAIL SHUDAO BY UTMB®

Ridge Upon Ridge: Conquer the Wilds, Journey to Shudao

The 2025 Ultra-Trail Shudao by UTMB® is set to take place on November 8th-9th in Guangyuan City, Sichuan Province, China. Guided by the Sichuan Mountaineering and Outdoor Sports Association, this event is hosted by the Guangyuan Municipal People's Government, organized by the Guangyuan Municipal Sports Bureau, the People's Government of Jiange County, the People's Government of Zhaohua District and the Guangyuan Cultural Tourism and Health Development Group CO., LTD., co-organized by Guangyuan Sports Development Co., Ltd., and operated by Shanxi Lungking Sports Co., Ltd.

As a key stop in the UTMB World Series, the event is centered around showcasing the "Millennium-Old Shudao Culture." The course passes through historical landmarks such as Jianmen Pass, Zhaohua Ancient Town and Cuiyun Corridor, integrating diverse terrains to offer participants an unparalleled fusion of culture and nature during their run.

Leveraging UTMB's global standards and experienced team, the race provides professional support in course marking, aid stations, safety measures, and volunteer services, ensuring all runners can compete safely and smoothly.

With a variety of distance options, the event caters to a wide range of runners—whatever your fitness level, there's a challenge with your name on it:

DSD (99.7km) – The ultimate challenge for the brave. A 100K trek that pushes physical and mental limits to the extreme.

MSD (41.7km) – The perfect test for intermediate runners. A longer route delving deep into the Qinba Mountains, revealing pristine and majestic natural scenery.

ESD (21.5km) – An ideal introduction to the essence of the ancient Shudao. Moderately challenging, it offers an accessible tour through the core landscapes.

November brings mild and pleasant autumn colors to Guangyuan. This race, blending profound history with rugged trail challenges, awaits your footsteps. Begin your legend on the Shudao now!



UTMB®

WORLD SERIES

FINALS

HOKA UTMB® MONT-BLANC

AUGUST 25-31 | CHAMONIX MONT-BLANC,
COURMAYEUR, ORSIÈRES
FRANCE, ITALY, SWITZERLAND

100M/M UTMB®

100K/M CCC®

50K/M OCC

EVENTS

NEW

EUROPE

ARC OF ATTRITION BY UTMB®

JANUARY 24-26 | UNITED KINGDOM

OCEANIA

TARAWERA ULTRA-TRAIL BY UTMB®

FEBRUARY 15-16 | NEW ZEALAND

NEW

ASIA

ULTRA-TRAIL® XIAMEN BY UTMB®

MARCH 01-02 | CHINA

AMERICAS

VALHÖLL FIN DEL MUNDO BY UTMB®

MARCH 18-22 | ARGENTINA

EUROPE

CHIANTI ULTRA TRAIL BY UTMB®

MARCH 20-23 | ITALY

EUROPE

TENERIFE BLUETRAIL BY UTMB®

MARCH 27-29 | SPAIN

EUROPE

ISTRIA 100™ BY UTMB®

APRIL 10-13 | CROATIA

ASIA

ULTRA TRAIL MOUNT YUN BY UTMB®

APRIL 11-20 | CHINA

AMERICAS

DESERT RATS TRAIL RUNNING FESTIVAL™ BY UTMB®

APRIL 11-13 | USA

AMERICAS

THE CANYONS ENDURANCE RUNS™ BY UTMB®

APRIL 25-26 | USA

NEW

EUROPE

GRAND RAID VENTOUX BY UTMB®

APRIL 25-27 | FRANCE

ASIA

AMAZEAN JUNGLE THAILAND BY UTMB®

MAY 01-04 | THAILAND

EUROPE

TRAIL ALSACE GRAND EST BY UTMB®

MAY 15-18 | FRANCE

EUROPE

ULTRA-TRAIL SNOWDONIA BY UTMB®

MAY 16-18 | UNITED KINGDOM

NEW

ASIA

ULTRA-TRAIL GREAT WALL BY UTMB®

MAY 16-18 | CHINA

AFRICA

MOUNTAIN ULTRA TRAIL™ BY UTMB®

MAY 22-25 | SOUTH AFRICA

EUROPE

MOZART 100™ BY UTMB®

JUNE 07 | AUSTRIA

EUROPE

TRAIL DU SAINT-JACQUES BY UTMB®

JUNE 13-15 | FRANCE

EUROPE

TRAIL 100 ANDORRA™ BY UTMB®

JUNE 13-15 | ANDORRA

NEW

AMERICAS

TORRENCIAL CHILE BY UTMB®

JUNE 19-21 | CHILE

MAJORS

OCEANIA MAJOR

HOKA ULTRA-TRAIL AUSTRALIA™ BY UTMB®

MAY 15-18 | KATOOMBA, AUSTRALIA

EUROPE MAJOR

HOKA VAL D'ARAN BY UTMB®

JULY 02-06 | VIELHA, SPAIN

AMERICAS MAJOR

HOKA KODIAK ULTRA MARATHONS™ BY UTMB®

OCTOBER 10-11 | BIG BEAR LAKE, USA

ASIA-PACIFIC MAJOR

HOKA CHIANG MAI THAILAND BY UTMB®

NOV 29 - DEC 07 | CHIANG MAI, THAILAND





2025 CALENDAR

AMERICAS

PARATY BRAZIL BY UTMB®
SEPTEMBER 18-21 | BRAZIL

EUROPE

WILDSTRUBEL BY UTMB®
SEPTEMBER 18-21 | SWITZERLAND

AMERICAS

GRINDSTONE TRAIL RUNNING FESTIVAL™ BY UTMB®
SEPTEMBER 19-21 | USA

EUROPE

JULIAN ALPS TRAIL RUN BY UTMB®
SEPTEMBER 19-21 | SLOVENIA

EUROPE

NICE CÔTE D'AZUR BY UTMB®
SEPTEMBER 25-28 | FRANCE

NEW

EUROPE

KAÇKAR BY UTMB®
SEPTEMBER 26-28 | TÜRKİYE

AMERICAS

ULTRA TRAIL WHISTLER™ BY UTMB®
SEPTEMBER 27-28 | CANADA

ASIA

MALAYSIA ULTRA-TRAIL BY UTMB®
SEPTEMBER 27-28 | MALAYSIA

NEW

AMERICAS

CHIHUAHUA BY UTMB®
OCTOBER 02-04 | MEXICO

NEW

ASIA

TRAIL OF THE KINGS - LAKETOBA BY UTMB®
OCTOBER 17-19 | INDONESIA

ASIA

TRANSJEJU BY UTMB®
OCTOBER 17-19 | SOUTH KOREA

ASIA

ULTRA-TRAIL® NINGHAI BY UTMB®
OCTOBER 17-19 | CHINA

EUROPE

MALLORCA BY UTMB®
OCTOBER 31 - NOVEMBER 02 | SPAIN

NEW

EUROPE

PUGLIA BY UTMB®
NOVEMBER 07-09 | ITALY

EUROPE

KULLAMANNEN BY UTMB®
OCTOBER 31 - NOVEMBER 01 | SWEDEN

NEW

ASIA

ULTRA-TRAIL SHUDAO BY UTMB®
NOVEMBER 08-09 | CHINA

ASIA

TRANSLANTAU™ BY UTMB®
NOVEMBER 14-16 | HONG KONG, CHINA

NEW

AMERICAS

PATAGONIA BARILOCHE BY UTMB®
NOVEMBER 18-22 | ARGENTINA

NEW

AMERICAS

HOKA PACIFIC TRAILS CALIFORNIA BY UTMB®
NOVEMBER 22-23 | USA

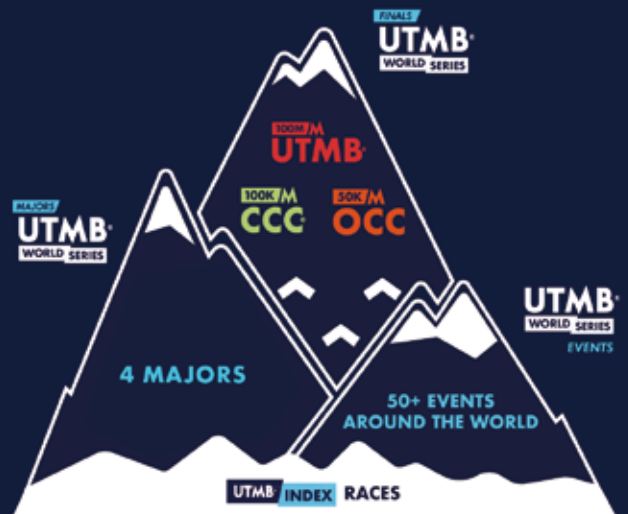
OCEANIA

ULTRA-TRAIL KOSCIUSZKO™ BY UTMB®
NOVEMBER 27-29 | AUSTRALIA

MEET YOUR EXTRAORDINARY

Uniting trail runners, both elite and amateur alike, through the leading international events in the most stunning locations.

The UTMB® World Series gives all trail runners the chance to experience UTMB® adventure across the world, discovering cultures and sharing trails as they start their quest towards the UTMB® World Series Finals at the pinnacle HOKA UTMB® Mont-Blanc.



FINALS

The mythic HOKA UTMB Mont-Blanc is the world's most well-known and revered trail running event on the planet.

In the heart of the Alps, the prestigious **UTMB World Series Finals** are held in 3 categories: the **OCC (50K)**, **CCC® (100K)** and **UTMB® (100M)** every year at the end of August in Chamonix, France.

MAJORS

Four **UTMB World Series Majors**, are held each year across the Americas, Europe, Asia-Pacific and Oceania regions.

Collect double the amount of Running Stones compared to other UTMB World Series Events for the UTMB World Series Finals lottery. In total, 210 runners are also granted automatic qualification for the UTMB World Series Finals through each Major. This includes age-group category winners and the top 10 male and female runners in the 100M, 100K and 50K categories.

EVENTS

Get the **UTMB** experience closer to home. Built on a passion for the mountains, with sustainability at its heart, UTMB World Series Events, gives all trail runners the chance to experience the UTMB adventure while showcasing the unique aspects that each race destination offers at over 50 Events around the world.



BEGIN YOUR QUEST TO HOKA UTMB MONT-BLANC AND THE UTMB WORLD SERIES FINALS.



RUNNING STONES: BOOST YOUR CHANCES FOR THE UTMB WORLD SERIES FINALS

Earn Running Stones by completing races in the 20K, 50K, 100K, or 100M categories at any UTMB World Series Event or Major.

- ✓ Running Stones are cumulative and never expire, so you can collect as many as you like over time.
- ✓ You'll need just 1 Running Stone from the past two years to qualify for the Finals lottery.
- ✓ Each Running Stone gives you an extra chance to be selected in the lottery.

Start your journey, gather your Running Stones, and unlock the path to the UTMB World Series Finals!

UTMB INDEX

YOUR TRAIL RUNNING PASSPORT

The **UTMB Index** measures a runner's performance across four race categories: **20K, 50K, 100K, and 100M**, as well as an overall score.

IT'S ESSENTIAL FOR:

- ✓ **Entering the UTMB World Series Finals lottery**
(with at least 1 Running Stone).
- ✓ **Defining your start wave** to ensure the best race experience.
- ✓ **Exclusive Race Access:**
You benefit from a 48-hour priority registration to UTMB World Series Events. And for some **100K and 100M events** require a valid UTMB Index for safety or lottery pre-registration.

HOW IT WORKS:

- ✓ Your UTMB Index is based on your **top 5 race results** (weighted for recency and performance) over the last **36 months**. At least **1 valid race result** in the past **24 months** is required for a valid UTMB Index.
- ✓ With over **6,000 races worldwide** they are plenty of opportunities to boost your UTMB Index.

Ready to level up your trail running?
Validate or improve your UTMB Index today!

CHECK IT OUT AT [UTMB.WORLD](https://utmb.world)



CREATE YOUR MY UTMB® ACCOUNT

Manage everything in one place:

- Track your Running Stones and UTMB® Index.
- View your race results and performance stats.
- Check upcoming race registrations.
- Share your achievements with friends.

START YOUR JOURNEY AT [UTMB.WORLD](https://utmb.world)

2025 Ultra-Trail Shudaoby UTMB® Event Schedule

Date	Time	Location		Contents
Friday, November 7th	10:00-19:00	Zhaohua Ancient Town		Race Kit Collection for DSD
	10:00-21:00	Zhaohua Ancient Town		Race Kit Collection for MSD & ESD
	14:00-15:00	Zhaohua Ancient Town		Unleash your ultra trail running potential with data – the guide from iest.run
	15:30-16:00	Zhaohua Ancient Town		Sponsorship Presentation Ceremony
	16:00-18:00	Zhaohua Ancient Town		Race Briefing+Elite Meeting Conference
	16:00-18:00	Zhaohua Ancient Town		【Trail Running Talk】 Brand Race Podcast
Saturday, November 8th	10:00-21:00	Zhaohua Ancient Town		Race Kit Collection for ESD
	6:00-7:30	Zhaohua Ancient Town		DSD Bag Drop(Without Spare Bag)
	6:00-8:00	Zhaohua Ancient Town		MSD Bag Drop
	6:40-7:00	Zhaohua Ancient Town		MSD Start Ceremony
	7:00	Zhaohua Ancient Town		MSD Wave 1 Start
	7:30	Zhaohua Ancient Town		MSD Wave 2 Start
	8:00	Zhaohua Ancient Town		MSD Wave 3 Start
	16:00-17:00	Zhaohua Ancient Town		MSD Top 5 Award Ceremony& Direct Access Award Presenting (Top 3)

TIMETABLE

2025 Ultra-Trail Shudaoby UTMB® Event Schedule

Date	Time	Location		Contents
Saturday, November 8th	22:00	Zhaohua Ancient Town		MSD Cut-off Time
	7:00-9:00	Jiange Sports Center		Race Kit Collection for DSD
	7:00-9:00	Jiange Sports Center		DSD Bag/Spare Bag Drop
	8:40-9:00	Jiange Sports Center		DSD Start Ceremony
	9:00	Jiange Sports Center		DSD Start
Sunday, November 9th	5:40-7:00	Zhaohua Ancient Town		ESD Bag Drop
	6:40-7:00	Zhaohua Ancient Town		ESD Start Ceremony
	7:00	Zhaohua Ancient Town		ESD Start
	9:00-9:30	Zhaohua Ancient Town		DSD Top 5 Award Ceremony& Direct Access Award Presenting (Top 3)
	11:00	Zhaohua Ancient Town		DSD Cut-off Time
	13:00-13:30	Zhaohua Ancient Town		ESD Top 5 Award Ceremony
	14:00	Zhaohua Ancient Town		ESD Cut-off Time
	14:10	Zhaohua Ancient Town		Event Closing Ceremony

隆景体育

LUNGKING

通过运动
收获更好的自己





隆景体育以赛事运营为起点，致力于打造富有生命之力的运动体验。作为UTMB官方的核心合作伙伴，隆景体育拥有大蜀道100越野赛by UTMB®、云丘山越野赛by UTMB®、大境门古长城越野赛by UTMB®等多项知名赛事IP的运营权。

我们相信运动不仅是体能的较量，更是与自我深度对话、与生命同频共振的旅程。隆景体育将始终秉持“通过运动，收获更好的自己”这一品牌使命，陪伴每一位用户感受生命的磅礴力量，成长为更强大的自己。



隆景体育官方公众号



隆景会员官方公众号

1. Start Area

DSD: Jiange Sports Center

MSD/ESD: Zhaohua Ancient Town

2. Finish Area

DSD/MSD/ESD: Zhaohua Ancient Town

3. Race Kit Collection

Zhaohua Ancient Town、Jiange Sports Center

4. Collection Time

November 7th, 2025, 10:00-19:00, Zhaohua Ancient Town, Race kit collection for DSD

November 7th, 2025, 10:00-21:00, Zhaohua Ancient Town, Race kit collection for MSD and ESD

November 8th, 2025, 7:00-9:00, Jiange Sports Center, Race kit collection for DSD

November 8th, 2025, 10:00-21:00, Zhaohua Ancient Town, Race kit collection for ESD

5. Sponsors

Premier Partner of UTMB World Series: HOKA

Technical Partner of UTMB World Series: Suunto

Suppliers of UTMB World Series: AONIJIE, BUFF, Compressport, Shokz, Vibram

Event Partners: BRITA

Event Sponsors: QUADHA, 3M, Beyond Water, SILVA, Bten, PLANT POWER, WANT WANT GROUP

Event Suppliers: Zhenyangguan, SIS, DU DU BEER, iPerMove, POHINIX, ZENONE, Improve Your Sports Performance

6. Ultra-Trail Village

Opening Date:

November 7th, 10:00-21:00;

November 8th, 10:00-21:00;

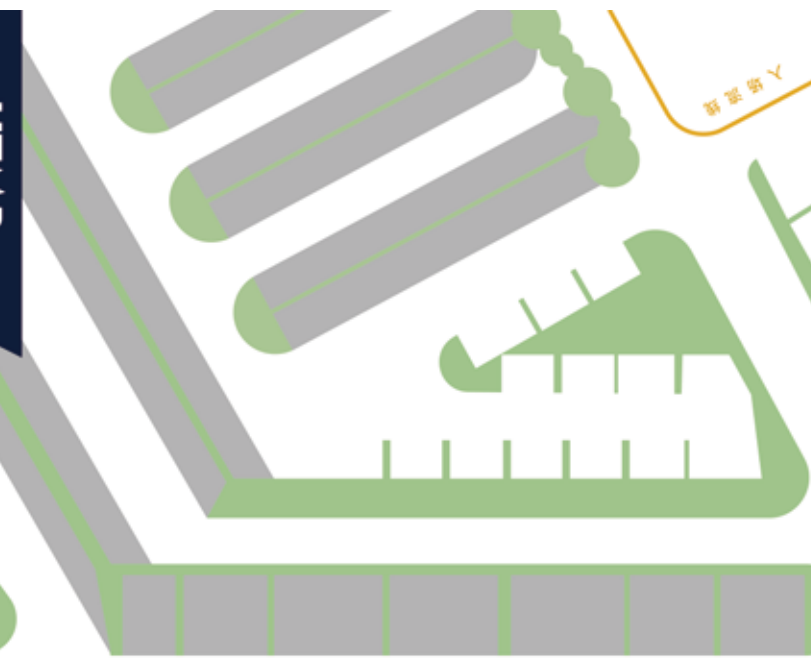
November 9th, 7:00-14:00

Location: Zhaohua Ancient Town

Apparel Complex: UTO, NNormal, ROSSIGNOL, outopia, DexShell, WAXE, injinji, ULTRAGEAR, [sn],

Functional Equipment: libratone, PAC, NITECORE, Himalaya, fenix, KAPVOE

Functional Rehabilitation: KT TAPE



2025大蜀道100越野赛by UTMB® DSD起点布局图



SAFETY INFORMATION

1.Runners' Commitment:

- (1).Be fully aware of the distance and unique challenges of the trail running event you have entered, and be thoroughly prepared through training.
- (2).Possess genuine personal autonomy in the mountains and the ability to independently manage any problems that may arise during the race:
Carry all required competition gear (mandatory equipment) as specified to cope with changing weather conditions (such as night, wind, cold, fog, rain, or snow).
Know how to manage physical or mental issues resulting from extreme fatigue—including digestive problems, muscle or joint pain, and minor injuries—even when alone.
Fully understand that for a mountain activity like this, personal safety depends on one's own ability to cope with such situations.
- (3).You, your family, and friends must respect nature, respect others, and abide by the race rules.
- (4).Keep your mobile phone powered on at all times; the use of airplane mode is prohibited to ensure you can receive race information.
- (5).Read and agree to the Race Regulations, Registration Instructions, and other official race documents.

2.Semi-autonomy

Participants are expected to demonstrate the principles of semi-autonomy/self-sufficiency. They should be prepared to carry their own fluids, food, and gear (including inclement weather gear) between aid stations. Participants should also be prepared, within the course safety guidelines, to handle adverse or changing conditions. This self-sufficiency principle implies the following rules:

- (1).Throughout the duration of the race each runner must have with them all their mandatory equipment. This equipment will be carried in a pack (backpack or belt); and cannot be changed along the race route. At any moment of the race, the race stewards/marshals can verify the pack and its contents. The runner is obligated to comply with these gear checks. Any non-compliant runner is at the risk of disqualification from the race.
- (2).The aid stations provide drinks and food to be consumed on site. The race organizer only provides still water and/or sports/electrolyte drink for filling water bottles or hydration packs. The runner should take care to ensure they have, when leaving each aid station, the appropriate quantity of drink and food to keep them going until the following aid station.
- (3).Support assistance zones are only available for the DSD 100K Category. For the DSD runners, support is allowed at D5(Shuhan Courier Station), D7(South Gate of Jianmen Pass), D9(Dachao Courier Station). Support crew members are responsible for their own transportation to these designated support points. On race day, support personnel must present an Assistance Ticket to enter the support zone. Permitted support includes providing food, beverages, clothing and other personal items, as well as offering psychological encouragement or basic care such as massage and relaxation. Strictly prohibited actions include: crew members replacing any equipment for runners (such as poles, shoes, or packs), providing any medical intervention (including administering medication, bandaging, or applying ice), entering the race course, or pacing runners. Rest areas at aid stations are for runners use only. The Organizing Committee will not be held responsible for any consequences resulting from unauthorized medical assistance. We appreciate all runners and support crews adhering to these rules and your cooperation in ensuring a fair and safe competition environment.
- (4).It is forbidden to accompany or be accompanied along any part the race route by a person not registered for the race, outside of the spectator run zones which are clearly marked in the proximity of the aid stations. A participant who accepts being accompanied outside of the designated zones violates the principle of self-sufficiency. The race stewards/marshals or team leaders, witnessing this violation, are authorized to penalize the participant in order to enforce the rules.
- (5).Runners are not allowed to participate with a dog or any other animal, including service animals.

3.Safety and Medical Assistance

- (1).There are several medical stations along the route, runners can also contact the emergency response number:18534365898 directly on the race bib. Medical stations are intended to assist any person in danger with the organization's own or public means.
- (2).It is up to a runner in trouble or seriously hurt to call for the help:
By going to a medical aid station

By calling the emergency response number: 18534365898

By asking another runner to alert the medical team

Every runner must give assistance to any person in danger and alert the medical team

(3). Do not forget that any kind of unexpected events - linked to the environment and the race - could make you wait for help longer than expected. Your safety therefore depends upon the quality of the items that you have put in your pack.

(4). The organizing committee will provide free first-aid during the race, but the runners will bear all costs generated in the hospital. The committee will subsequently assist runners and the insurance company in settling claims under insurance terms.

(5). To ensure the safety of all participants, if medical staff determine that a runner's condition may endanger their personal safety, the Organizing Committee reserves the right to require the runner to temporarily stop or withdraw from the race. If the runner insists on continuing, the Committee will no longer be held responsible.

4. Emergency Response

(1). Severe Weather Conditions

In the event of severe convective weather during the race, such as heavy rain, hail, strong winds, or thunderstorms, which may endanger participant safety, all runners must take immediate action.

Even without an official notice from the Organizing Committee, you must quickly proceed to the nearest aid station or seek shelter immediately. Simultaneously, you must send a distress call to the Organizing Committee to confirm they are aware of your location.

You must remain in a safe location until the weather improves and the race resumes, or until the Organizing Committee arrives to assist. Do not expose yourself to the high-risk weather conditions.

(2) Physical Discomfort/Injury

Participants must continuously monitor their physical condition. Should any abnormality occur, and provided it is safe to do so, you should promptly adjust your pace, rest, administer appropriate first aid, and rationally assess whether you can continue the race. Avoid finding yourself in a situation where you cannot continue in a remote part of the course that is difficult for rescuers to access.

If symptoms persist or worsen after rest and self-administered first aid, or if you experience severe symptoms such as blurred vision, dizziness, nausea, shortness of breath, or cold sweats, you must immediately contact the Organizing Committee via the emergency rescue number or ask other runners on the course for assistance.

Furthermore, if a participant feels slightly unwell during the race, it is recommended to seek help from race staff to get to the nearest medical aid station or checkpoint. These checkpoints and aid stations are the most convenient and safest locations for a participant to withdraw from the event.

At each checkpoint, participants must rationally evaluate their physical condition and make a decision to either continue the race or withdraw on the spot.

(3). Abdominal Pain

Slow your pace immediately. To manage the discomfort, try taking deep breaths and applying gentle pressure to the painful area.

(4). Muscle Cramp

For a mild cramp, perform active or passive (with assistance) static stretching of the affected muscle. Massaging the cramped area can also help. If the cramp subsides, you may attempt to continue the race at a reduced speed. If the cramp persists and you cannot recover, you should withdraw from the race.

(5) Heat Stroke

Trail running races may involve high temperatures on race day or long sections of course exposed to direct sunlight. Strenuous exercise causes the body to sweat profusely to cool down, leading to a significant loss of essential elements like salts, sodium, and potassium ions, which are crucial for normal bodily functions. Therefore, it is vital to increase your intake of electrolyte drinks, salt tablets, and water. Furthermore, use equipment like sun hats to avoid direct sun exposure and prevent a rise in core body temperature.

For individuals experiencing mild heat stroke:

They must quickly move away from the hot, humid, and sunny environment to a cool, shaded area for shelter. Increase the intake of saline-based drinks. If conditions permit, use methods like sponging with cool water to lower body temperature physically, preventing the condition from progressing to a more severe level.

If confusion or impaired consciousness occurs: While implementing the above measures, it is critical to contact the Organizing Committee immediately to request a rescue.

SAFETY INFORMATION

(6).Hypothermia

Wind, cold, and moisture are the three primary factors leading to hypothermia. If a participant begins to experience hypothermia during the race, the priority is to block continued exposure to these high-risk conditions and prevent further heat loss. This is done by:

Changing the environment: Find shelter and avoid direct contact with conductive surfaces like the ground.

Using gear: Use a waterproof and windproof jacket to create a barrier against wind and moisture, and wear insulating layers or use heat packs for passive rewarming.

These actions aim to stop the progression of symptoms. Simultaneously, contact the Organizing Committee immediately to request rescue.

(7).Bleeding

In the event of significant bleeding from a fall or other injury on the course, controlling blood loss is critical. The participant is advised to: Contact the Organizing Committee immediately to request rescue. If in a safe location, use direct pressure on the wound (using gauze from a first aid kit or a buff) or arterial pressure (applying pressure to the artery upstream from the wound) to reduce blood loss. Wait patiently for rescue to arrive.

(8).Fractures

Immediately stop moving the injured body part to avoid causing secondary injury. Contact the Organizing Committee without delay to report the situation and request rescue. If it is an open fracture with bleeding, follow the emergency measures described in the "Bleeding" section above.

(9).Sprains/Strains

For a mild sprain: Use the bandage or elastic bandage from your first aid kit to immobilize the ankle using a figure-eight wrap. This restricts the ankle's range of motion. You may then attempt to continue at a significantly reduced speed.

For a severe sprain that prevents continued movement: Contact the Organizing Committee immediately to report the situation and request rescue.

(10).Altitude Sickness

Participants competing at high altitudes must set their pace according to their own ability and avoid blindly following faster runners. For mild symptoms of altitude sickness, and provided it is safe to do so, stop and rest on the spot. Rehydrate, take in energy, and focus on regulating your breathing. If available, use a portable oxygen canister for supplemental oxygen. If severe symptoms of altitude sickness occur, the absolute priority is to descend to a lower altitude and contact the Organizing Committee to request rescue. While doing so, also apply the coping methods for mild symptoms mentioned above.

(11).Getting Lost

In races that are not self-navigated, participants must remain vigilant of the course markers placed by the Organizing Committee, especially at intersections. If you do not see a marker for approximately 200 meters, you must stop immediately to minimize deviation from the course. Use the official GPX track provided by the Organizing Committee to verify if you are still on the correct route. If you confirm you are off course, you should retrace your steps to the last known correct point and notify the Organizing Committee about the unclear marking. If you find no markers and are unable to use the official track to confirm your location or return to the correct route, you must contact the Organizing Committee immediately to request assistance.

(12).Other Abnormal Situations

If participants encounter any other abnormal situations during the race, such as suspected deliberate tampering with course markers or natural disasters like landslides along the route, they must report it to the Organizing Committee promptly.

驭山狂飙 新上限

TECTON X3

双层强劲中底
更轻更弹更迅猛

JIM WALMSLEY
HOKA 精英运动员

HOKA





用5之地
如履平地

HOKA

RACE RULES

1. Bib

Runners must show their voucher to collect their race bib (More details please refer to the Collection Information). The bib must be worn on the chest or stomach, not covered at any time during the race.

Samples of bibs are as follows:

100K M	50K M	20K M
   	    	  

UTMB[®]
WORLD SERIES

SUUNTO

OFFICIAL TECHNICAL PARTNER

户外训练旗舰腕表

SUUNTO RACE 2

SUUNTO

UTMB 官方指定
运动手表及技术合作伙伴



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LIVE MORE NOW



RACE RULES

2.Award Structure

Category	First Prize (Male/Female)	Second Prize (Male/Female)	Third Prize (Male/Female)	Fourth Prize (Male/Female)	Fifth Prize (Male/Female)	Sixth Prize (Male/Female)	Seventh Prize (Male/Female)	Eighth Prize (Male/Female)
DSD	20,000	15,000	10,000	7,500	5,000	3,000	3,000	3,000
MSD	10,000	7,500	5,000	4,000	3,000	2,000	2,000	2,000
ESD	6,000	5,000	4,000	3,000	2,000	1,000	1,000	1,000

Note:

- (1).The above prizes are subject to 20% personal income tax, which will be borne by the winners themselves and will be withheld and paid by the organizing committee.
- (2).Direct entry: Top three male and female finishers in both the DSD and MSD categories will earn direct entry to the corresponding UTMB World Series Finals. No direct entry slots will be allocated to other race categories
- (3).Top eight winners' result of DSD, MSD and ESD will be admitted based on their guntime. Winner who win the other Award will be admitted based on the net time.
- (4).All winners' results will be officially published on the event's WeChat public account for 7 working days for public verification. Upon confirmation of final results, the Organizing Committee will complete all prize distributions by December 6th, 2025.

3.Wave Start

All runners must complete check-in and enter their designated assembly area at least 5 minutes before their respective wave start time. Please refer to the event schedule for specific start times by category.

DSD runners must enter the designated assembly zone by 08:55 on November 8th for a 09:00 sharp start.

MSD Wave 1 runners must enter the designated assembly zone by 06:55 on November 8th for a 07:00 sharp start, with subsequent waves (Wave 2, Wave 3) starting sequentially.

ESD runners must enter the designated assembly zone by 06:55 on November 9th for a 07:00 sharp start.

Note:

This event includes the DSD, MSD, and ESD categories. All runners are strictly prohibited from starting in a category for which they are not registered.

The MSD category of this event will utilize a wave start system. Runners are strictly prohibited from starting in a wave other than their assigned one.

4.Bag Storage

- (1).DSD runners may store a maximum of 2 bags at the start line, while MSD and ESD participants may store a maximum of 1 bag each. All bags must be clearly marked with the official bag tag provided by the Organizing Committee, displaying the participant's bib number in the designated area.
- (2).Do not store valuables, fragile items, or hazardous materials in your bag. Runners bear full responsibility for any loss, damage, or safety incidents related to the contents of their stored bags.

5. Timing Rules

- (1). The race uses timing sensors. Timing chips will start working as soon as the runners pass the start line.
- (2). Timing sensors will be set up at the start and finish location and each checkpoint. The runners must pass each timing point. Any missed read will lead to the invalidation of the race result.
- (3). There are two chips in the Bib bag, one has been pasted on the back of the BIB, and the other needs to be bound with a cable tie at an obvious position on your backpack. If the chip is covered, timing results will not be sensed.

6. Aid Stations & Spare Bag Service

There will be several aid stations along the course. Refreshments include water, sports beverages, hot food, energy food, etc.
For DSD Category: runners can rest at D5 Shuhan Courier Station, where camping beds are available.

7. Course Marking

The course will be marked with race-branded ribbons, directional signs, and barrier tape. If you go more than 200 meters without seeing any course markers, please check your pre-downloaded GPS route on your phone to verify your position and return to the correct route. Detailed route maps and GPS tracks for each distance category are available in the Course Details section. Additional reflective markers will be placed in remote areas for night running sections. Runners must carry the mandatory printed map as backup navigation.

Samples of Course marking are as follow:



8. Race Equipment (Mandatory Equipment)

- (1). All runners must carry all mandatory equipment throughout the entire race. Recommended equipment may be selectively carried based on race-day conditions. Any adjustments to the mandatory equipment list will be announced prior to the event.
- (2). To uphold environmental principles, disposable tableware will not be provided at aid stations. The Organizing Committee will provide each runner with a complimentary portable utensil set, though runners are also encouraged to bring their own based on personal preference.

RACE RULES

(3).The Organizing Committee reserves the right to require additional types or quantities of mandatory equipment before the race, depending on weather conditions, and to inspect this equipment before entrants enter the assembly area.

(4).The mandatory equipment checklist is not exhaustive. Runners are expected to assess whether additional gear is needed according to their own ability and actual weather conditions on race day.

(5).Runners must bring all the equipment in the mandatory equipment checklist and accept inspection before race pack collection, and those who do not meet the requirements will not be able to continue the procedure of collection.

(6).The Organizing Committee will conduct race equipment (mandatory equipment) inspections along the course. Any violation of equipment requirements will result in strict penalties according to race regulations.

DSD: Inspection at Aid Station D5 (Shuhan Courier Station)

MSD: Inspection at Aid Station M3 (Shanshui Rural Family Inn)

ESD: Random checks during the race

All podium finishers: Final equipment verification at the finish line

9.Penalties: Time Penalties and Disqualification

If a runner breaks the rules, race director, marshalls can instantly apply a penalty according to the following chart:

RACE REGULATION		
NUMBER	BREACH OF REGULATION	PENALTY
1	Non-athlete error/foul	Warning
2	Littering	Warning
3	Mobile phone powered off or set to airplane mode	15-minute Time Penalty
4	Receiving pacing outside the designated sections where pacing is allowed	15-minute Time Penalty
5	Obscuring the bib number; bib number not worn according to regulations.	15-minute Time Penalty (During which the athlete must correctly wear the bib number as required)
6	Dangerous behavior (e.g., pointing trekking pole tips towards athletes or spectators)	15-minute Time Penalty
7	Accumulation of three warnings	30-minute Time Penalty
8	Deviating from the marked course by more than 100 meters in a marked section	30-minute Time Penalty
9	Intentionally shortening the course (When two markers are visible simultaneously, the nearest one must be chosen, unless specified otherwise by race markings. Athletes taking shortcuts on switchback sections will be considered as intentionally shortening the course.)	30-minute Time Penalty

RACE RULES

RACE REGULATION

NUMBER	BREACH OF REGULATION	PENALTY
10	Using unauthorized equipment and gaining an advantage from it	30-minute Time Penalty
11	Intentional environmental damage	30-minute Time Penalty
12	Receiving non-neutral external assistance outside authorized zones	60-minute Time Penalty
13	Athlete or pacer littering or refusing to use toilets provided by the organizer (voluntary act)	60-minute Time Penalty
14	Using trekking poles not carried at the start of the race	60-minute Time Penalty
15	Starting outside the designated wave start time (crossing waves)	60-minute Time Penalty
16	Failing to pass Checkpoints (CP) in the correct order according to the designated course; incorrect punching sequence	120-minute Time Penalty
17	Not having a timing chip	Decision by the Race Committee
18	Cutting the course (Athletes must race on the designated course. Those who leave the course unintentionally must return to the course at the point where they left it; otherwise, they will be penalized with a time penalty. Those who intentionally leave the course will be disqualified.)	Decision by the Race Committee
19	Leaving a Checkpoint after the time limit	Race Termination, Disqualification
20	Failing to pass Checkpoints (CP) in the correct order according to the designated course; missing a checkpoint punch	Decision by the Race Committee
21	Not carrying mandatory required equipment	Decision by the Race Committee
22	Refusing mandatory equipment check	Decision by the Race Committee
23	Failing to provide assistance to an athlete in need	Decision by the Race Committee
24	Refusing to participate in the award ceremony	Decision by the Race Committee

RACE RULES

RACE REGULATION

NUMBER	BREACH OF REGULATION	PENALTY
25	Intentional damage or alteration of course markings	Race Termination, Disqualification
26	Intentional damage to another athlete's equipment	Race Termination, Disqualification
27	Maliciously obstructing the progress of another athlete	Race Termination, Disqualification
28	Commercial activities by the athlete without prior approval from the Race Committee, and refusal to correct the behavior	Race Termination, Disqualification
29	Receiving medical treatment such as oxygen administration, intravenous fluids, etc.	Race Termination, Disqualification
30	Refusing inquiry and examination by race medical personnel; Continuing the race against the judgment of medical personnel after being deemed unfit to continue	Race Termination, Disqualification
31	Altering, defacing, or modifying the race bib/number	Race Termination, Disqualification
32	Cheating (e.g., using transportation, sharing bib numbers, etc.)	Race Termination, Disqualification, and Lifetime ban from UTMB events, 1-2 year suspension from events in Sichuan province
33	Refusing to follow instructions from the Race Director, staff/referees, aid station captains, doctors, or rescue personnel	Race Termination, Disqualification
34	Using uncivilized language or actions towards referees or other athletes; failing to observe competition discipline; refusing to accept referee decisions; intentionally disrupting race order; behavior violating sports ethics, of a relatively serious nature	Race Termination, Disqualification, 1-2 year suspension (from events in Sichuan province)
35	Violation of Anti-Doping Regulations	1-2 year suspension (from events in Sichuan province)
36	Failure to comply with the "Forest Fire Prevention Regulations"; carrying ignition sources; unauthorized use of open fire or smoking in fire prevention zones; failing to promptly take forest fire suppression measures in case of accidental fire	Disqualification; if a crime is constituted, criminal liability will be pursued according to law

RACE RULES

- (1) The time penalties are immediately applicable on the spot, meaning the runner must "stand down" for the duration of the penalty time. If a breach of regulation is discovered after the race, The race director can also decide to apply a penalty on the finish time of the runner. The runner's time will not be stopped while the penalty is being served
- (2) Any other breach of the rules will be subject to a penalty decided by the Race Directors.
- (3) In case of a disqualification the runner is not entitled to get refunded of the entry fee.

10. Drop out and Repatriation

- (1) The Repatriation Bus is only located in the aid stations which set up the cut-off time.
- (2) At the aid stations which not set up the cut-off time, the organizing committee will arrange the vehicle to pick up the withdrawals and transport them to the checkpoints which set up the cut-off time.

Note: Repatriation Buses are arranged sequentially according to the route, with waiting times ranging from one to four hours at each checkpoint which set up the cut-off time, taking into account factors such as the number of withdrawals and road conditions.

11. Emergency Disposal

The Organization Committee reserves the right to make the following adjustments due to force majeure, extreme bad weather and any other conditions that may affect the safety of the participants:

- (1) Modifications to the track
- (2) Modifications to the start time
- (3) In accordance with the Notice of the General Administration of Sport on the Establishment and Improvement of the "Meltdown" Mechanism for Sports Events and Activities, it is required to cancel the event or suspend the event in progress.

The final resolution of the race and its rules belongs to Ultra-Trail Shudao by UTAB® Organizing Committee. Supposed that the race is canceled or postponed due to force majeure factors, the Organizing Committee will release the relevant information at the first time, and any pertinent information about this race will be subject to the official announcement.

12. Appeal and Supervision

- (1) The event has established an Appeal Committee, composed of UTMB representatives, race marshalls, the race director, timing personnel, and competition staff.
- (2) To file a protest, the complainant must send a written report titled "Event Name + Protest" along with supporting evidence to the official email: info@lungking.com within 2 hours after either completing or withdrawing from the race. Protests submitted beyond this 2-hour window will be considered invalid.

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大蜀道100越野赛
ULTRA-TRAIL SHUDAO
BY UTMB

BRITA
碧然德



DRINK
BETTER
DO
BETTER

DSD CATEGORY INFORMATION

RACE CATEGORY

100K M

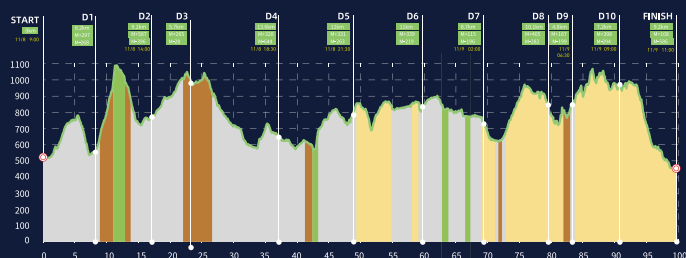


Distance
99.7km

Elevation gain
3332km

Start place
剑阁县体育馆

Start time
09: 00



硬化路 Hardened road
小径 Single tracks
机耕路 Dirt road
古蜀道 The ancient Sichuan road

注：赛道图内关门时间为根据分轮时间依次顺延后的关门时间

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
Start Jiange Sports Center	511	0	0	0	/	/	Water	/	/
D1 Youyu Village	540	8.2	297	268	/	/	Water Cola Orange Juice Electrolyte Drinks	Bananas Cherry Tomatoes Oranges	Gangrong Steamed Cakes Wafers Soft Candies Assorted Nuts Pickled Mustard Tubers Jam Sliced Bread Steamed Stuffed Buns Steamed Corn Bun Steamed Red Bean Bun potato / Pumpkin / Sweet Potato Millet Congee Sliced Ham
D2 Puguang Primary School	733	17.4	884	664	5h	November 8th 14:00	Water Cola Orange Juice Electrolyte Drinks	Bananas Cucumbers Oranges	Gangrong Steamed Cakes Assorted Nuts Canned Mixed Fruits Pickled Mustard Tubers Empress Cold Noodles Empress Cold Noodles Rice Congee Braised Beef Sliced Ham
D3 Chayuangou	970	23.1	1149	692	/	/	Water Cola Orange Juice Electrolyte Drinks	Bananas Mandarin Oranges Cucumbers	Gangrong Steamed Cakes Assorted Nuts Pickled Mustard Tubers Claypot Rice Rice Balls Steamed Stuffed Buns (Meat/Vegetable) Vegetable Soup Sliced Ham
D4 Chaotianping	644	36.7	1469	1336	4.5h	November 8th 18:30	Water Cola Orange Juice Electrolyte Drinks	Bananas Cherry Tomatoes Mandarin Oranges	Gangrong Steamed Cakes Assorted Nuts Canned Mixed Fruits Pickled Mustard Tubers Jam Instant Noodles Rice Noodles Sliced Bread Guangyuan "Noodle Fish" Braised Beef
D5 Shuhan Courier Station (Spare-Bag Service)	711	48.7	1800	1599	3h	November 8th 21:30	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Cherry Tomatoes Cucumbers Oranges	Beef Noodles Fried Rice Steamed Twisted Rolls Steamed Corn Bun Steamed Stuffed Buns (Meat/Vegetable) Potato / Pumpkin / Sweet Potato Chicken Soup Braised Beef Spam Sliced Ham
D6 Cuiyunlan	830	59.7	2139	1818	/	/	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Mandarin Oranges Cucumbers Oranges	Gangrong Steamed Cakes Instant Noodles Assorted Nuts Pickled Mustard Tubers Pork Bone Noodle Soup Steamed Red Bean Bun Fermented Rice Cake Pork and Preserved Egg Congee Sliced Ham
D7 South Gate of Jianmen Pass	751	68.4	2254	2014	4.5h	November 9th 02:0	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Cherry Tomatoes Oranges	Gangrong Steamed Cakes Instant Noodles Assorted Nuts Pickled Mustard Tubers Wafers Dandan Noodles Dumplings (Boiled) Vegetable Rice Congee Braised Beef
D8 Gaomiaopu	874	78.5	2659	2296	/	/	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Cucumbers Mandarin Oranges	Gangrong Steamed Cakes Instant Noodles Jam Assorted Nuts Pickled Mustard Tubers Wafers Sliced Bread Yueba Baked Flatbread Rice Congee Chicken Soup
D9 Dachao Courier Station	843	83.3	2826	2495	4.5h	November 9th 06:30	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Cucumbers Oranges	Gangrong Steamed Cakes Instant Noodles Assorted Nuts Canned Mixed Fruits Pickled Mustard Tubers Wafers Beef Noodles Steamed Stuffed Buns (Meat/Vegetable) Steamed Twisted Rolls Steamed Corn Bun Vegetable Congee Braised Beef Sliced Ham

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
D10 Shanshui Rural Family Inn	944	90.5	3224	2789	2.5h	November 9th 09:00	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Cucumbers Mandarin Oranges	Gangrong Steamed Cakes Instant Noodles Assorted Nuts Pickled Mustard Tubers Soup Noodles Steamed Stuffed Buns (Meat/Vegetable) Steamed Red Bean Bun Steamed Open-top Dumplings Rice Congee Braised Beef Sliced Ham
Finish Zhaohua Ancient Town	468	99.7	3332	3375	2h	November 9th 11:00	Water Cola Orange Juice Hot Water	Bananas Cherry Tomatoes Oranges	Gangrong Steamed Cakes Canned Mixed Fruits Pickled Mustard Tubers Beef Noodles Mianyang Rice Noodles Empress Cold Noodles Claypot Rice Steamed Stuffed Buns (Meat/Vegetable) Steamed Red Bean Bun Steamed Open-top Dumplings Fermented Rice Cake West Lake Beef Soup Sliced Ham



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MSD 50K AID STATION

RACE CATEGORY

50K M

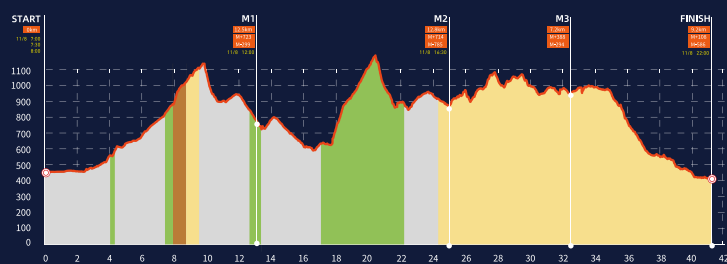


Distance
41.7km

Elevation gain
1933m

Start place
昭化古城

Start time
07:00



注：赛道图内关门时间为根据分轮时间依次顺延后的关门时间

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
Start Zhaohua Ancient Town	499	0	0	0	/	/	Water	/	/
M1 Niutou Village	924	12.5	723	299	4h	November 8th 12:00	Water Cola Orange Juice Electrolyte Drinks	Bananas Cucumbers Mandarin Oranges	Gangrong Steamed Cakes Soft Candies Canned Mixed Fruits Assorted Nuts Pickled Mustard Tubers Wafers Steamed Stuffed Buns (Meat/Vegetable) Rice Balls Fermented Rice Cake Yueba Baked Flatbread Rice Congee Braised Beef Sliced Ham
M2 Dachao Courier Station	854	25.3	1437	1084	4.5h	November 8th 16:30	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Cucumbers Oranges	Gangrong Steamed Cakes Instant Noodles Assorted Nuts Canned Mixed Fruits Pickled Mustard Tubers Wafers Beef Noodles Steamed Stuffed Buns (Meat/Vegetable) Steamed Twisted Rolls Steamed Corn Bun Vegetable Congee Braised Beef Sliced Ham
M3 Shanshui Rural Family Inn	944	32.5	1825	1378	/	/	Water Cola Orange Juice Hot Water Coffee Ginger Tea Electrolyte Drinks	Bananas Cucumbers Mandarin Oranges	Gangrong Steamed Cakes Instant Noodles Assorted Nuts Pickled Mustard Tubers Soup Noodles Steamed Stuffed Buns (Meat/Vegetable) Steamed Red Bean Bun Steamed Open-Top Dumplings Rice Congee Braised Beef Sliced Ham
Finish Zhaohua Ancient Town	468	41.7	1933	1964	5.5h	November 8th 22:00	Water Cola Orange Juice Hot Water	Bananas Cherry Tomatoes Orange	Gangrong Steamed Cakes Canned Mixed Fruits Pickled Mustard Tubers Beef Noodles Mianyang Rice Noodles Empress Cold Noodles Claypot Rice Steamed Stuffed Buns (Meat/Vegetable) Steamed Red Bean Bun Steamed Open-Top Dumplings Fermented Rice Cake West Lake Beef Soup Sliced Ham

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2017年UTMB TDS组冠军
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ESD CATEGORY INFORMATION

RACE CATEGORY

20K / M

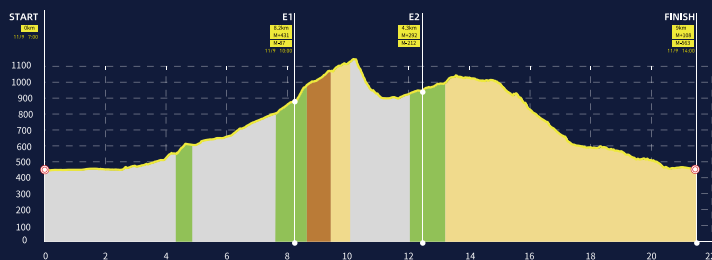


Distance
21.5km

Elevation gain
831m

Start place
昭化古城

Start time
07: 00



硬化路 Hardened road

小径 Single tracks

机耕路 Dirt road

古蜀道 The ancient Sichuan road

注：赛道图内关门时间为根据分轮时间依次顺延后的关门时间

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
Start Zhaohua Ancient Town	499	0	0	0	/	/	water	/	/
E1 Zhongjunzhang	845	8.2	431	87	3h	November 9th 10:00	water Cola Orange Juice Electrolyte Drinks	Bananas Cucumbers Cherry Tomatoes	Gangrong Steamed Cakes Soft Candies Jam Assorted Nuts Pickled Mustard Tubers Yueba Baked Flatbread Steamed Stuffed Buns(Meat/Vegetable) Steamed Corn Bun Steamed Red Bean Bun Potato Pumpkin Sweet Potato Millet Congee Sliced Ham
E2 Niutou Village	924	12.5	723	299	/	/	water Cola Orange Juice Electrolyte Drinks	Bananas Cucumbers Mandarin Oranges	Gangrong Steamed Cakes Soft Candies Canned Mixed Fruits Assorted Nuts Pickled Mustard Tubers Wafers Steamed Stuffed Buns (Meat/Vegetable) Rice Balls Fermented Rice Cake Yueba Baked Flatbread Rice Congee Braised Beef Sliced Ham
Finish Zhaohua Ancient Town	468	21.5	831	862	4h	November 9th 14: 00	water Cola Orange Juice Hot Water	Bananas Cherry Tomatoes Oranges	Gangrong Steamed Cakes Canned Mixed Fruits Pickled Mustard Tubers Beef Noodles Mianyang Rice Noodles Empress Cold Noodles Claypot Rice Steamed Stuffed Buns (Meat/Vegetable) Steamed Red Bean Bun Steamed Open-top Dumplings Fermented Rice Cake West Lake Beef Soup Sliced Ham

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RACE EQUIPMENT LIST

MANDATORY EQUIPMENT

Mandatory equipment checklist (Provided by the Organizing Committee if it has *)	100K 	50K 	20K 
*Race bib & Race wristband			
*Timing chip			
*GPS positioning equipment			
* Survival blanket (no less than 1.3m×2.1 m)			
Smartphone (the phone number must match the one provided during registration, and ensure the battery is fully charged throughout)			
Power bank	≥10000mA	≥5000mA	
Water container (such as a bottle or bag) with a capacity that meets the required volume	≥1L	≥1L	≥1L
Backpack/Belt capable of holding all mandatory equipment			
Whistle			
* Portable tableware (disposable utensils are not acceptable)			
Hooded hardshell or rainproof jacket (skinny jackets without waterproof seam sealing or disposable raincoat are not acceptable).			
Long-sleeve thermal top (merino wool or quick-dry thermal material)			
Waterproof pants (long pants without waterproof seam sealing are not acceptable)			
Sport pants suitable for long-distance running, or a combination of shorts and leg sleeves that cover the entire leg			
Headlamps (Charger/an equivalent number of spare batteries required)	2	1	
Full finger gloves			
First Aid Kit (Elastic Bandage, Sterile Dressings)			
Emergency food (e.g., energy gel, energy bar)	≥800kcal	≥800kcal	≥500kcal

SHUTTLE BUS SERVICE

1. November 7th Pre-Race Shuttle Bus Schedule

Guangyuan Railway Station → Zhaohua Ancient Town: 8:00 - 20:00, Departs on the hour
Panlong Airport → Zhaohua Ancient Town: 11:30, 14:30, 16:30, 18:30, 20:00
Jiange Sports Center → Zhaohua Ancient Town: 12:00 - 20:00, Departs on the hour
Zhaohua Ancient Town → Fuminxuan Restaurant, Baolun Town: 11:00 - 21:00, Departs on the hour
Zhaohua Ancient Town → Nanhe Sports Center Bus Stop: 11:00 - 21:00, Departs on the hour
Zhaohua Ancient Town → Jiange Sports Center: 11:00 - 21:00, Departs on the hour

2. November 8th Race Day Shuttle Bus Schedule

Fuminxuan Restaurant, Baolun Town → Zhaohua Ancient Town: 4:30, 4:40, 4:50, 5:00, 5:10, 5:20, 5:30, 6:00, 6:30
Nanhe Sports Center Bus Stop → Zhaohua Ancient Town: 4:30, 4:40, 4:50, 5:00, 5:10, 5:20, 5:30, 6:00, 6:30
Zhaohua Ancient Town → Jiange Sports Center: 6:00, 6:30, 7:00, 7:30, 20:00, 21:00, 22:00, 23:00
Panlong Airport → Zhaohua Ancient Town: 12:00, 14:30, 16:30, 19:00
Guangyuan Railway Station → Zhaohua Ancient Town: 8:00 - 20:00, Departs on the hour
Zhaohua Ancient Town → Guangyuan Railway Station: 11:00 - 20:00, Departs on the hour
Zhaohua Ancient Town → Panlong Airport: 13:00, 15:30, 17:30
Zhaohua Ancient Town → Fuminxuan Restaurant, Baolun Town: 11:00 - 23:00, Departs on the hour
Zhaohua Ancient Town → Nanhe Sports Center Bus Stop: 11:00 - 23:00, Departs on the hour

3. November 9th Race Day Shuttle Bus Schedule

Nanhe Sports Center Bus Stop → Zhaohua Ancient Town: 4:30, 4:40, 4:50, 5:00, 5:10, 5:20, 5:30
Fuminxuan Restaurant, Baolun Town → Zhaohua Ancient Town: 4:30, 4:40, 4:50, 5:00, 5:10, 5:20, 5:30
Zhaohua Ancient Town → Guangyuan Railway Station: 8:00 - 15:00, Departs on the hour
Zhaohua Ancient Town → Nanhe Sports Center Bus Stop: 0:00 - 7:00, Departs on the hour
Zhaohua Ancient Town → Fuminxuan Restaurant, Baolun Town: 0:00 - 7:00, Departs on the hour
Zhaohua Ancient Town → Panlong Airport: 8:00 - 15:00, Departs on the hour
Zhaohua Ancient Town → Jiange Sports Center: 1:00, 3:00, 5:00, 7:00, 8:00, 9:00, 10:00, 11:00, 12:00, 13:00

POST-RACE SERVICES



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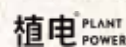
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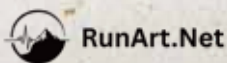
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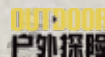
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