



AUTHORISED SUPPORT AND SPECTATOR POINTS

SPECTATORS MUST REMAIN OUTSIDE OF THE AID STATION
ONLY AUTHORIZED SUPPORT CREW WEARING CREW WRISTBANDS WILL BE ALLOWED ENTRANCE

1

THE CROSS



SUPPORT CREW



SPECTATORS



HOW TO GET THERE

 GPS: 33°55'31.7"S 22°27'18.7"E

HIKE: From the remote start location at  **Trail Kiosk**, walk up Arbour Road towards the mountain. Enter through the Top Gate into the forest and follow the MUT route markers until you reach the cross. The distance from Trail Kiosk to the cross is approximately 2.5 km, with 300 m of elevation gain.

 **POVERVAN** (railway car): Catch a lift to the Cross with the Powervan, departing Friday at 11:00 from the  **pick-up point** at the edge of the Botanical Gardens.

Note if you saw the runners off at the start venue – you will not be in time to reach this spectator point.

2

MONTAGU PASS - AID STATION



SUPPORT CREW



SPECTATORS



HOW TO GET THERE

 GPS: 33°52'59.5"S 22°25'52.3"E

Montagu Pass is **closed** and access to this aid station is only possible by driving over the Outeniqua Pass, through Herold.

FRIDAY:

Self drive via Herold to the aid station, located at 'Amanda's Grave'.

PARKING: Please park responsibly along the roadside, ensuring sufficient clearance for through traffic and emergency vehicles.

 **Use caution when exiting your vehicle, as this area is prone to heavy congestion.**

SATURDAY:

No Private Vehicle Access - ONLY Shuttles

The aid station is only accessible via the official shuttle service departing from Moertjiesklip Farmstall (Padstal) in Herold. See details here



HEROLD SHUTTLE SERVICE



MONATGU AID STATION - HEROLD AID STATION

Shuttle departs every hour from  **MoertjiesKlip**, in Herold

TIME OF FIRST DEPARTURE: 05:00 Saturday

TIME OF LAST DEPARTURE: 12:00 Saturday

Montagu Pass is **closed** and access to Herold is only possible by driving over the Outeniqua Pass

3

HEROLD WINES - AID STATION



SUPPORT CREW



SPECTATORS



HOW TO GET THERE

 GPS: 33°51'50.72"S 22°28'9.72"E

Montagu Pass is **closed** and access to this aid station is only possible by driving over the Outeniqua Pass, through Herold.

SHUTTLE SERVICE :

Spectators can use the Herold shuttle service - see details above.

OR

SELF DRIVE:

PARKING: Parking is strictly prohibited within the aid station. Park in the open grass field before the aid station and follow the parking signage.

 **Use extreme caution while driving, as runners cross Montagu Pass at the main Herold Wines entrance.**

Support Crews permitted for: MUT Miler | MUT 100 | MUT 60

4

GARDEN ROUTE DAM - AID STATION



SUPPORT CREW  SPECTATORS 

HOW TO GET THERE

 GPS: 33°57'52.8"S 22°29'51.1"E

PARKING: Park in the open grass fields next to the aid station. If parking along the road, please ensure that you do not block access to any residential properties.

Exit your vehicle quietly, especially if arriving during the night.

The dam area is shared by many people for recreational activities, so please be respectful and mindful of them.

Support Crews permitted for: **MUT Miler** | **MUT 100**

5 WILDERNESS - AID STATION



SUPPORT CREW  SPECTATORS 

HOW TO GET THERE

 GPS: 33°59'33.96"S 22°34'43.26"E

The aid station is located at The Commonage Coffee Shop.

PARKING: Park in the open grass fields across from the aid station.

This venue is a coffee shop and hot beverages can be purchased.

Support Crews permitted for: **MUT Miler**

6 OAKHURST - AID STATION



SUPPORT CREW  SPECTATORS 

HOW TO GET THERE

 GPS: 33°57'18.47"S 22°39'16.85"E

PARKING: Park at the designated parking area near the reception/coffee shop. From there, take a short walk to The Venue where you'll find the aid station.

This is a working farm.

 Use caution and stay alert for animals and farm vehicles that may be using the roads.

Support Crews permitted for: **MUT Miler**

7 TRAIL KIOSK - AID STATION



SUPPORT CREW  SPECTATORS 

HOW TO GET THERE

 GPS: 33°56'48.4"S 22°27'26.1"E

PARKING: Park in the designated parking area next to the aid station.

The venue is a Cafe and hot beverages and food can be purchased from 08:00 till 20:00

Come cheer the runners and give them a boost to cover the last few kilometers to the finish!

Support Crews permitted for: **MUT Miler**



AID STATIONS **NOT AUTHORISED** FOR SUPPORT CREWS OR SPECTATORS:

 **CRADOCK PASS AID STATION**

 **TIERKOP AID STATION**

 **GROENEWEIDE AID STATION**

 **BERGPLAAS AID STATION**

Please remember that, as a spectator, you are here to watch and enjoy the event. Do not interfere with runners, race operations, or event logistics. Thank you!

HOW TO GET TO FINISH:  **OUTENIQUA STADIUM**