



100k Aid Station Chart

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS (ft)	Elev. Loss to Next AS (ft)	Cumulative Elev. Gain (ft)	Cumulative Elev. Loss (ft)	Cut-Off Time	Drop Bags	Crew
Start	Creekside Plaza - Start	0.0	1.9	1,112	-22	1,112	-22		X	X
AS1	Middle of Nowhere	1.9	5.3	3,927	-59	5,039	-81			
AS2	Whistler Summit	7.2	5.9	1,173	-2282	6,212	-2,363			
AS3	Roundhouse	13.1	4.8	292	-3765	6,504	-6,128	10:30 AM		
AS4	Big Burn - 1	17.9	1.1	1,358	0	7,862	-6,128	12:30 PM	X	X
HS1	Mid Station - 1 (Hydration Station)	19.0	2.0	2,218	0	10,080	-6,128			
AS5	Rendezvous	21.0	5.2	306	-2524	10,386	-8,652	1:30 PM		
HS2	Mid Station - 2 (Hydration Station)	26.2	2.8	51	-1432	10,437	-10,084			
AS6	Big Burn - 2	29.0	2.3	30	-460	10,467	-10,544	4:00 PM	X	X
HS3	Mel's Dilemma (Hydration Station)	31.3	6.2	1,901	-1423	12,368	-11,967			
AS7	Pump Up	37.5	5.4	1,246	-1841	13,614	-13,808	7:30 PM		
HS4	Weather Check	42.9	6.6	1,159	-1016	14,773	-14,824	9:30 PM	X	X
AS8	Creekside	49.5	4.6	334	-342	15,107	-15,166	12:00 AM		
AS9	Spruce	54.1	6.9	1,554	-1410	16,661	-16,576	1:30 AM		
HS5	Lost Lake (Hydration Station)	61.0	1.7	160	-301	16,821	-16,877			
Finish	Spruce Grove Park - Finish	62.7						5:00:00 AM (Sunday)	X	X

****Distance, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch. Due to permitting, the course is subject to change.**

Always follow course markings for current route**

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