



**Metric**

## Snowbasin 28k Aid Station Pace Chart :: 8:30am Saturday Start

| AS Label | AS Location        | AS Km | Km to Next AS | First Runner ETA | First Runner Pace to Next AS | First Runner Elapsed Time | Mid Runner ETA | Mid Runner Pace to Next AS | Mid Runner Elapsed Time | Last Runner ETA | Last Runner Pace to Next AS | Last Runner Elapsed Time | Cut-Off Time | Drop Bags | Crew |
|----------|--------------------|-------|---------------|------------------|------------------------------|---------------------------|----------------|----------------------------|-------------------------|-----------------|-----------------------------|--------------------------|--------------|-----------|------|
| Start    | The Plaza - Start  | 0.0   | 3.4           | 8:30 AM          | 0:08:00                      |                           | 8:30 AM        | 0:17:30                    |                         | 8:30 AM         | 0:24:00                     |                          |              | X         | X    |
| HS1      | Green Pond         | 3.4   | 6.9           | 8:55 AM          | 0:08:00                      | 0:25:36                   | 9:26 AM        | 0:19:30                    | 0:56:00                 | 9:46 AM         | 0:27:30                     | 1:16:48                  |              |           |      |
| AS1      | Becker Lift        | 10.3  | 6.1           | 9:30 AM          | 0:08:15                      | 1:00:00                   | 10:49 AM       | 0:19:45                    | 2:19:51                 | 11:45 AM        | 0:31:30                     | 3:15:03                  |              |           |      |
| AS2      | Needles            | 16.4  | 10.9          | 10:01 AM         | 0:07:15                      | 1:31:21                   | 12:04 PM       | 0:12:45                    | 3:34:54                 | 1:44 PM         | 0:18:00                     | 5:14:45                  | 1:00 PM      |           |      |
| Finish   | The Plaza - Finish | 27.4  |               | 10:50 AM         |                              | 2:20:39                   | 1:31 PM        |                            | 5:01:36                 | 4:00 PM         |                             |                          | 4:00 PM      | X         | X    |

*\*\*Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route.  
Actual data may vary on course and from watch to watch. Aid Station Cut-offs, Drop Bag, Crew and Pacing info will be released closer to race month\*\**

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