

A stylized logo consisting of several geometric shapes (triangles and diamonds) in green, yellow, and blue, arranged to resemble a mountain range.

MALAYSIA

ULTRA ♦ TRAIL

BY **UTMB**

10 – 13 SEPTEMBER 2026

RACE BRIEFING

WELCOME TO MALAYSIA ULTRA-TRAIL by UTMB®



Thank you for joining us for the 3rd edition of Malaysia Ultra-Trail by UTMB®.

The team is excited to welcome you back to the historical town of Taiping located on the northern Peninsular Malaysia state of Perak.

We look forward to sharing our trails with the global trail running community, where runners will be taken on a journey through our rainforest, said to be the oldest in the world. All runners, with the exception of the MYKIDS race, will have the once-in-a-lifetime experience to journey through the 1 and only Virgin Jungle Reserves (VJR) trails in the UTMB World Series.

The 2026 race weekend is expected to be an exciting one as for the 1st time since 2018, all races will start on the morning of Saturday, 12 September 2026. To add flavor to the 2026 edition, there will be a special challenge built into the MY100 where all MY100 runners will be automatically entered into the Vertical King & Queen Challenge. Besides that, runners will be taken to new territories in the region with the all-new aid station at Spritzer EcoPark (for MY50/ MY100) and Peak 300 (for MY25/ MY50/ MY100). The MY13 course is also a new course where runners will be put through a new course direction since 2024. MYKIDS race will make a return for the 3rd year in our attempt to develop the sports from the grassroots and in making the event an inclusive affair for the whole family.

As you know, the conditions in this tropical rainforest environment are highly changeable, so please be mindful that the weather can, and does, change here incredibly quickly, so keep your eyes on the sky as much as possible and do follow the instructions of our fellow team members out on the course.

Enjoy your time on the trails, and we look forward to seeing you at the finish line.



RUNNER GUIDE

2026 RUNNER GUIDE

This is a key document for your race week - containing all the important information you need to know pre, during and post-race.



<https://malaysia.utmb.world/runners/runners-guide>



KEY EVENT TIMINGS



Please familiarise yourself with the full event schedule which can be found in the Runner Guide and on our website (<https://malaysia.utmb.world/>)

EVENT	DATE	TIME	LOCATION	REMARKS
RACE CHECK IN	10 SEPTEMBER 2026	2.00PM – 6.00PM	DATARAN WARISAN	• ALL DISTANCES
	11 SEPTEMBER 2026	10.00AM – 10.00PM		• ALL DISTANCES
ELITE INTRODUCTION/ RACE DIRECTOR Q&A SESSION	11 SEPTEMBER 2026	4.30PM	DATARAN WARISAN	
WELCOME DINNER	11 SEPTEMBER 2026	6.00PM	DATARAN WARISAN	Registered runners only
PRIZE PRESENTATION	13 SEPTEMBER 2026	8.30AM - 10.00AM (collection at REPC)	DATARAN WARISAN	Age Group 1 st – 3 rd Place (all categories) MY13 / MY25 / MY50 / MY100
		11.30AM – 12.30PM (on stage presentation)		1 st – 3 rd Place Overall MY13 / MY25 / MY50 / MY100 / KING & QUEEN OF VERTICAL



RACE/ COURSE INFO



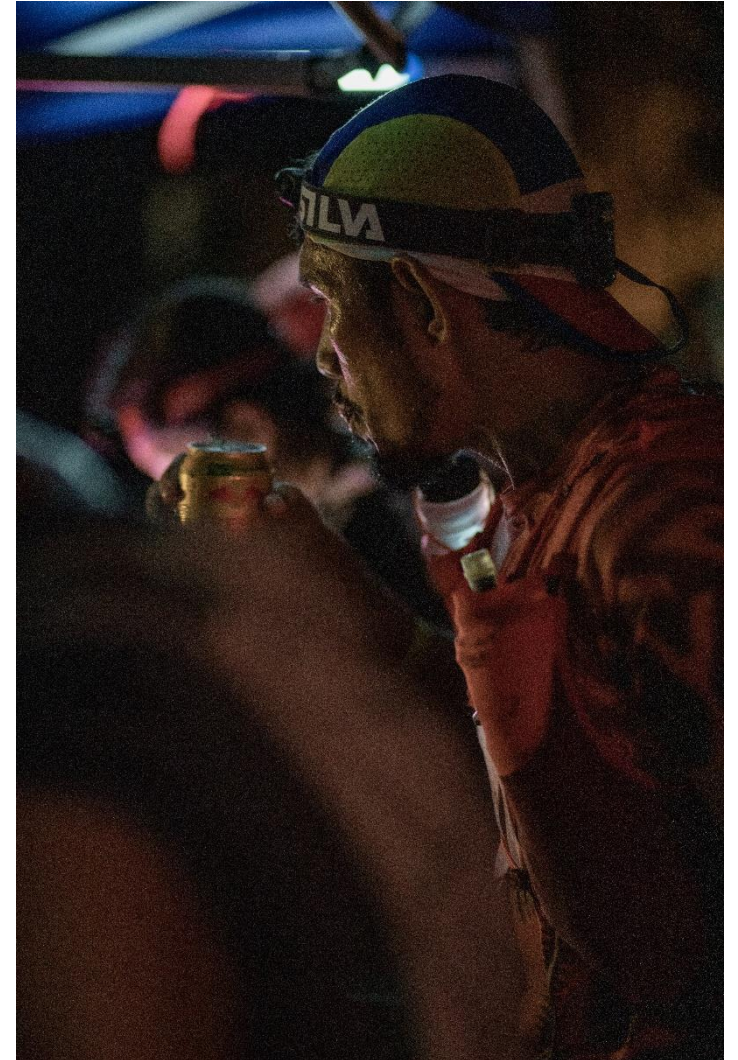
Category	Dist./ Elevation	Start Format	Start Date/ Time	Cut Off Time	Running Stones
MY100	97.7KM 4802m	Elite + 1 Wave (10 mins Interval)	3am (12 Sept)	32hrs 11am (13 Sept)	3
MY50	54KM 1826m	Elite + 3 Waves (10mins Interval)	5am (12 Sept)	17hrs 10pm (12 Sept)	2
MY25	25.9KM 1012m	Waves (4) (10mins Interval)	7am (12 Sept)	9hrs 4pm (12 Sept)	1
MY13	14KM/ 337m	Mass	8am (12 Sept)	4hrs 12pm (12 Sept)	-
MYKIDS JR	1.1KM/ 0m	Mass	4pm (11 Sept)	1hr 5pm (11 Sept)	-
MYKIDS SR	1.9KM/ 0m	Mass	4pm (11 Sept)	45mins 5pm (11 Sept)	-

- The Runner Guide and event website contains all the information you need on the courses for each distance – including maps, information on course marking/signage and general safety tips for runners.
- GPX files are available for each course some mapping applications will show different results.
- The race organization reserves the right to add or change any listed cut-off times prior to and during the race. The race organization reserves the right to remove a runner from the course and remove their bib if it determines there is no possibility of an athlete finishing before the listed cutoff times based on their location, time, and average pace

All course information is available at <https://malaysia.utmb.world/>

AID-STATIONS

- **STRICT CUT-OFF-TIME** at selected Aid Station.
(AS2/ AS6/ AS8 for MY100; AS4 for MY50; AS1 for MY25 and MY13)
- There is sufficient supplies at all Aid-Stations for all runners. Please think of those behind you. Only take what you need and can consume.
- **WARNING – DO NOT SPLASH DRINKING WATER OVER YOUR HEAD.** There is splash zone at selected Aid-Stations.
- **TOLERATED ASSISTANCE** only allowed at AS4 Spritzer EcoPark & AS 6 Changkat Ibol for MY100 and AS2 Spritzer EcoPark & AS 4 Changkat Ibol for MY50. (Shuttle bus is available for support crew, please purchase your tickets at the WEM Trail Running Club booth.)
- **ONLY RUNNERS** may help themselves to the supplies at the Aid-Stations.
- **SUPPORT CREW MUST NOT PROVIDE MEDICAL TREATMENT** to runners at the tolerated assistance point.
- **ONLY 1 SUPPORT CREW** is allowed to assist 1 runner at the tolerated assistance point.
- Please follow the instructions by the event team always.



DROP BAGS

ALL DROP BAGS are to be deposited at the **DROP BAG ZONE** located at IPD TAIPING CARPARK (opposite of race village at Dataran Warisan).

FINISH LINE DROP BAGS

Compulsory when deposit the bag :

Use the bag and tag your bag provided by the race pack only !

Sign in and out when deposit / collecting your bag before and after the race.

Your bag only can be discharge by showing your race bib during collection after the race.

MID-WAY DROP BAGS

Only for MY100 category

Compulsory when deposit the bag :

Use the bag and tag your bag provided during race pack collection only!

Deposit prior to race start at the holding truck located in front of the finish line drop back zone.

Mid-way bag only can be access at AS6 Changkat Ibol.

Only runners may collect and deposit the bags.

Your bag only can be discharge by showing your race bib during collection after the race.



**DROP BAG
AREA**



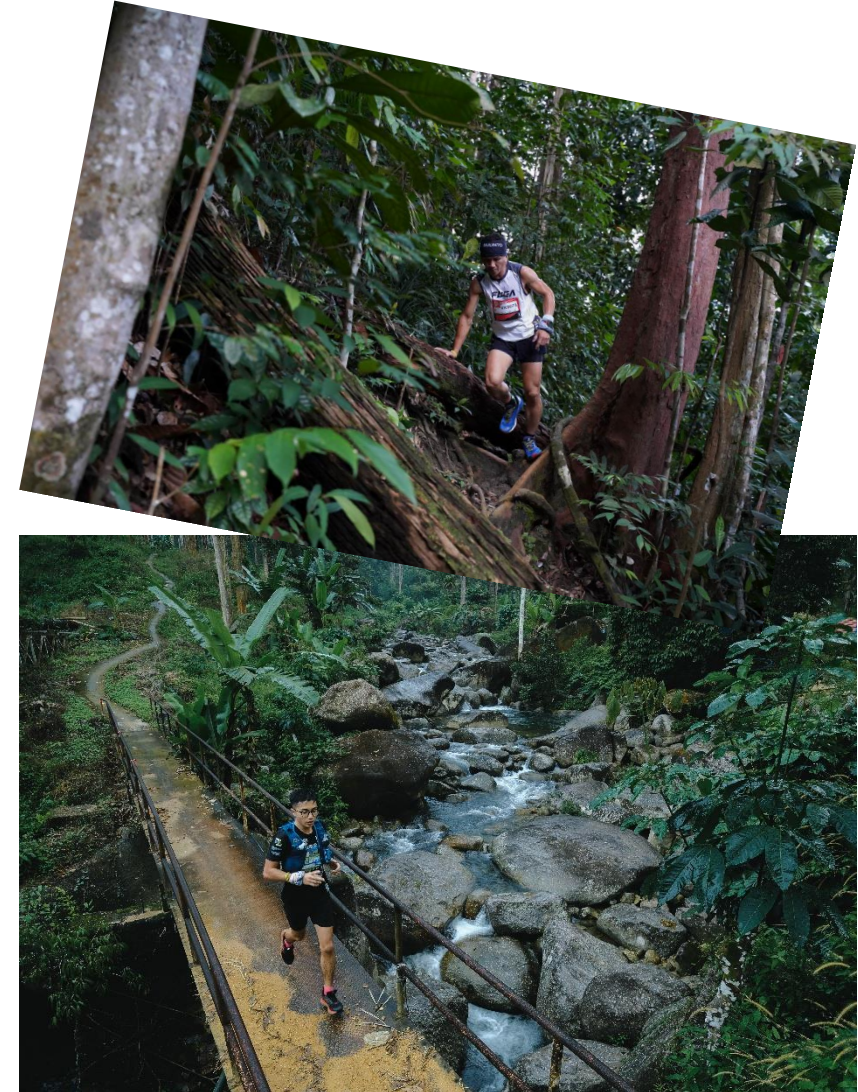
SAFETY

Latest Updates before the race

- **NO UNAUTHORISED TRANSFER** of Race Bib. Runners will be subjected to prosecution and will be reported to authorities if found to have flaunt this rule.
- No nonsense approach regards **MANDATORY ITEMS**. All 50KM and 100KM runners will be checked at AS4 / AS6 Changkat Ibol respectively. All runners who fail the mandatory check will have to serve the penalties on the spot before proceeding. Should you miss the STRICT COT because of failing the mandatory checks, your race status will be DISQUALIFICATION (DQ)
- **SAFETY RULES** - No sleeping in the trails/ exercise proper etiquettes in the trails – no pushing; do give a shout out if intend to overtake; give way to faster runners; follow markers, signages and instruction of event team at all times – do not divert off course; NO SHOE NO RACE RULE, and do not swim in the rivers.

WITHDRAWAL PROCESS

- I. Can't proceed whilst out on course – Establish contact with EOC for help and wait for sweepers (First Responders) to arrive.
 - II. At Aid-Stations (proceed to nearest AS if withdrawal on course) – Inform event team (**Technical Commissioners**) of intention to withdraw.
- Technical Commissioners will carry out the withdrawal procedure and will arrange transport to send back to race site.
 - **All EMERGENCY CALLS** should be made to the Event Operations Center : +6017 877 0591. (THE EMERGENCY NUMBER IS ON YOUR RACE BIB)
 - Please ensure that your **MOBILE PHONE IS ON** at all time. If you are not contactable during the race, you risked being DISQUALIFIED (DQ)
 - In the spirit of TOGETHERNESS IN TRAILS, always **HELP RUNNERS IN NEED**.



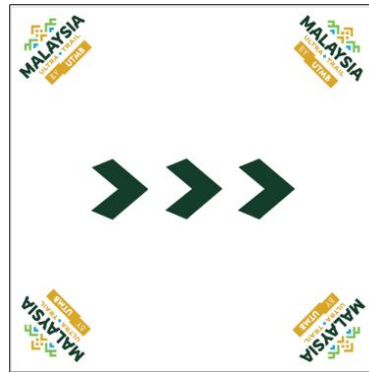
SIGNAGES

These are the signages that you need to understand and follow during the race :



ENVIRONMENT SIGNAGES

- There will be do's & don'ts once entering this area



ON ROAD DIRECTIONAL

- Follow this arrow for the race route



ON TRAIL MARKER

- Follow this marker for the race route
- Two types of fabric. Cloth & plastic



COURSE DIRECTION / SPLIT POINT

- On racecourse, there will be split route for specific category.
- Do follow your race category once hit the split point.



AID STATION MARKER

- Once you hit the Aid Station, most of the information regarding the specific station will be shown in this signage



WAY FINDER

- On race site to show way to specific area

WEATHER UPDATE



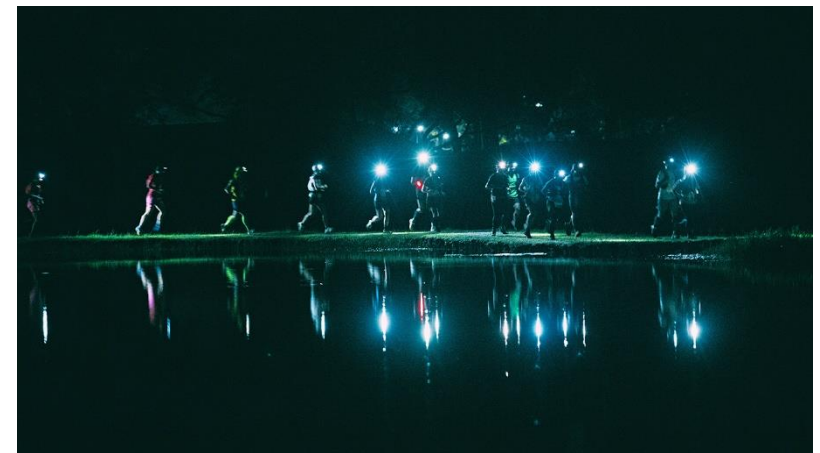
Day 9/11				Day 9/12				Day 9/13			
33° Hi		RealFeel® 40° RealFeel Shade™ 39°		33° Hi		RealFeel® 41° RealFeel Shade™ 39°		33° Hi		RealFeel® 40° RealFeel Shade™ 40°	
Cloudy; a passing morning shower followed by periods of rain in the afternoon				Cloudy with a little rain				A morning shower in places; otherwise, cloudy			
Max UV Index	7.0 (High)	Precipitation	4.1 mm	Max UV Index	5.0 (Moderate)	Precipitation	2.1 mm	Max UV Index	5.0 (Moderate)	Precipitation	0.2 mm
AccuLumen Brightness Index™	2 (Dark)	Rain Amount	4.1 mm	AccuLumen Brightness Index™	1 (Dark)	Rain Amount	2.1 mm	AccuLumen Brightness Index™	1 (Dark)	Rain Amount	0.2 mm
Wind	WNW 2 km/h	Total Hours of Precipitation	2.5	Wind	SSE 4 km/h	Total Hours of Precipitation	2	Wind	SSE 4 km/h	Total Hours of Precipitation	1
Wind Gusts	9 km/h	Total Hours of Rain	2.5	Wind Gusts	17 km/h	Total Hours of Rain	2	Wind Gusts	13 km/h	Total Hours of Rain	1
Probability of Precipitation	70%	Cloud Cover	94%	Probability of Precipitation	55%	Cloud Cover	96%	Probability of Precipitation	49%	Cloud Cover	99%
Probability of Thunderstorms	20%			Probability of Thunderstorms	13%			Probability of Thunderstorms	12%		

We do expect a hot and humid race with scattered rain/ thunderstorms. Please be prepared and ensure to carry all the key mandatory items.

**updated as of 2 SEPTEMBER 2026*

REMINDERS

- **BEHAVIOUR DURING THE RACE** – Respect the environment, the organization staff, the volunteers, the local population and the other runners.
- Please read the **RACE/ EVENT GUIDE** in totality for a better race experience.
- The **RACE ORGANIZATION RESERVES THE RIGHTS TO ADD OR CHANGE** any listed cut-off times prior to and during the race. The race organization reserves the right to **REMOVE A RUNNER** from the course and remove their bib if it determines there is no possibility of an athlete finishing before the listed cutoff times based on their location, time, and average pace
- Please wear the **WRIST BAND** provided in the RACE PACK at all time during the event weekend as it will allow the event team to recognize your status in the event.
- Please ensure that your **RACE BIB** are visible at all time.
- **RACE BIB** are to be worn on the front and **THE 2ND TIMING CHIP** tied to the backpack.
- Bring some **CASH/** Keep your **ID/** passport and your **PHONE** online during the race.
- **NO OUTSIDE SUPPORT** allowed on course except for at C2/ C4 Spritzer EcoPark and C4/ C6 Changkat Ibol for 50KM and 100KM respectively.
- Please **PLAN YOUR JOURNEY** ahead of time.
- Please ensure your **REGISTERED EMERGENCY NO** is not that of your own or of an active runner in the event.
- **Bring home nothing but memories and leave nothing but foot-print.**



SPECTATORS/ SUPPORT CREW

SUPPORT CREW are generally not needed to complete the race.

However, runners may receive legal assistance at AS4 Spritzer EcoPark and AS6 Changkat Ibol with the following conditions:

- Runners can only be supported within 100m radius from the Aid stations (AS Spritzer EcoPark & AS Changkat Ibol)
- Spectators and Support Crew are not allowed on course
- Spectators and Support Crew are not allowed to pace runners.
- Spectators and Support Crew to follow instructions of Event Team at all time.
- Spectators and Support Crew are not allowed to retrieve drop bags or refreshment on behalf of runners.
- Support crew are not allowed to provide medical treatment to runners.
- Only 1 support crew allowed at the tolerated assistance point.
- Support crew are not allowed in the tolerated assistance point without an **ASSISTANCE CARD** provided to runners during race pack collection.



SPECTATORS/ SUPPORT CREW

SPECTATORS and **SUPPORT CREW** may follow runners' progress through:



LIVE UTMB

<https://live.utmb.world/malaysia/2026>



LIVE TRAIL

<https://livetrial.net/home/malaysia>

Please do download the UTMB Live Trail application to follow the runners or visit the website.



POST-RACE

Finisher process:

- **Celebrate you crossing the finish line with a BIG SMILE;**
- **Collect your Finish Line Entitlements for finishing within Cut Off Time**
- **Refuel at the Recovery Zone**
- **Collect your drop bags**
- **Freshen up Refreshing Zone at Esplanade Taiping**
- **Join the party at the main stage**



EVENT RESULTS



SPORTOGRAF

<https://www.sportograf.com/en/event/13459/subevents>



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谢谢**

