



Crew Access for Grindstone by UTMB Driving Directions & Instructions for 100 Mile & 100k

100 Mile DRIVING DIRECTIONS

Start/Finish

Natural Chimneys Park & Campground: <https://maps.app.goo.gl/p9byNPUPjcveJA3k6>

94 Natural Chimneys Lane, Mt. Solon, Virginia 22843

100 Mile crews can support their runner on-course at four aid stations:

1. North River Gap 1
2. Dowells Draft
3. Camp Todd
4. North River Gap 2

North River Gap 1 Aid Station - ALL CREWS MUST USE SHUTTLE SYSTEM – NO PARKING ANYWHERE ELSE – DO NOT DROP OFF SUPPLIES NEAR AID STATION

Shuttle Schedule: Every 10 to 15 minutes

Open Friday 9:00pm to Saturday 4:30am & Saturday 8:00am to Sunday 2:00am

SHUTTLE Parking Location: <https://maps.app.goo.gl/QrSLLpwZYPJqf8r8A>

Approximate travel time from Natural Chimneys Park is 7 minutes

1. Leaving the park, turn right onto Natural Chimneys Road (SR 731) & follow 0.4 mile
2. At the stop sign, turn left onto North River Road (SR 730) & follow 3.5 miles
3. Turn left into a small gravel pull-off area at Stokesville Church and follow signage and parking attendant instructions for parking in grass field. Please do not double park.
4. Shuttle van will include a trailer for runner crewing supplies.
5. From shuttle drop-off/pick-up location, walking access to Aid Station is 300 meters (watch for traffic as other roads are still open to non-Grindstone traffic)

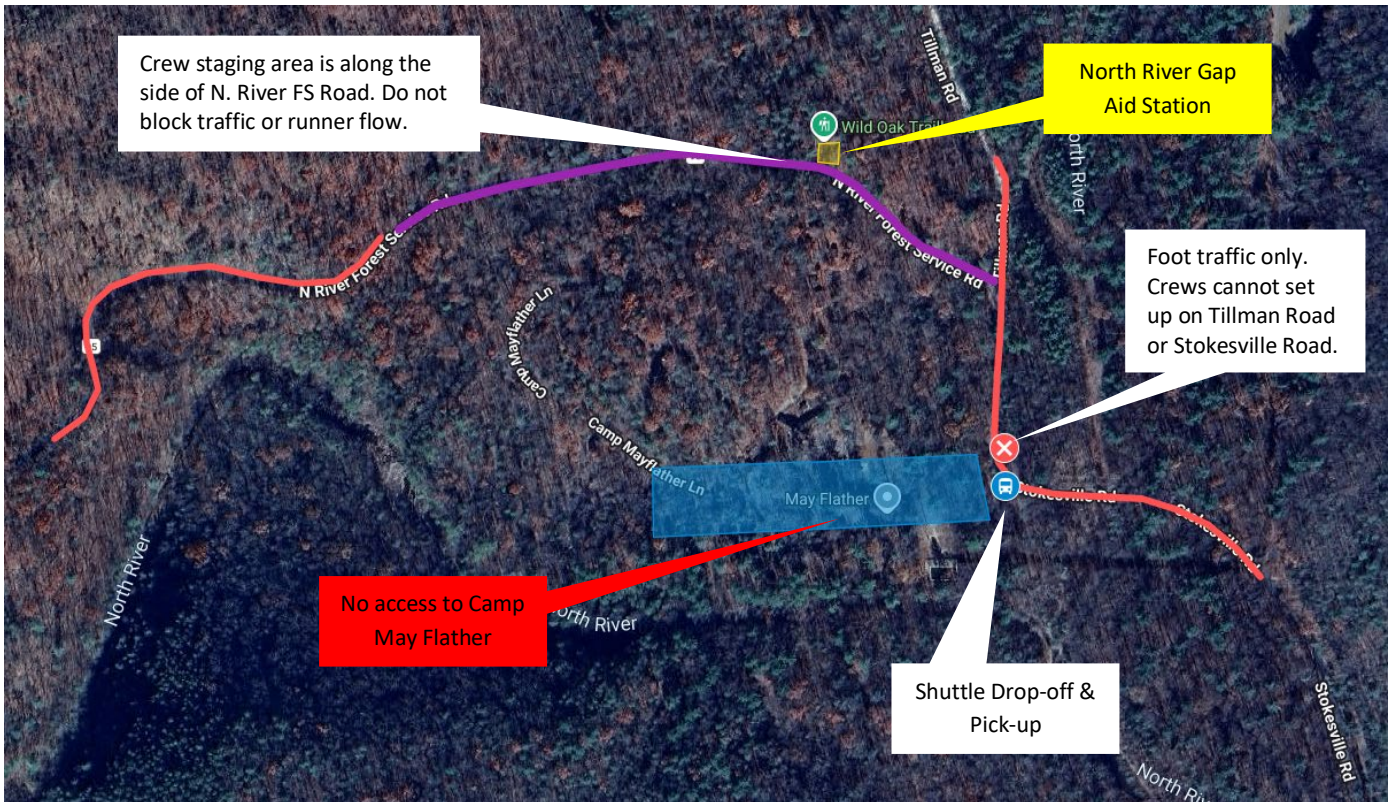
Crews are not allowed to enter the Aid Station area

Please refer to maps below

Map of Shuttle Bus Parking for North River Gap Aid Station



Map of North River Gap Shuttle Drop-off / Pick-up & Crew Access



Dowells Draft Aid Station Parking: <https://maps.app.goo.gl/1kBTnyXtbai3HSyW8>

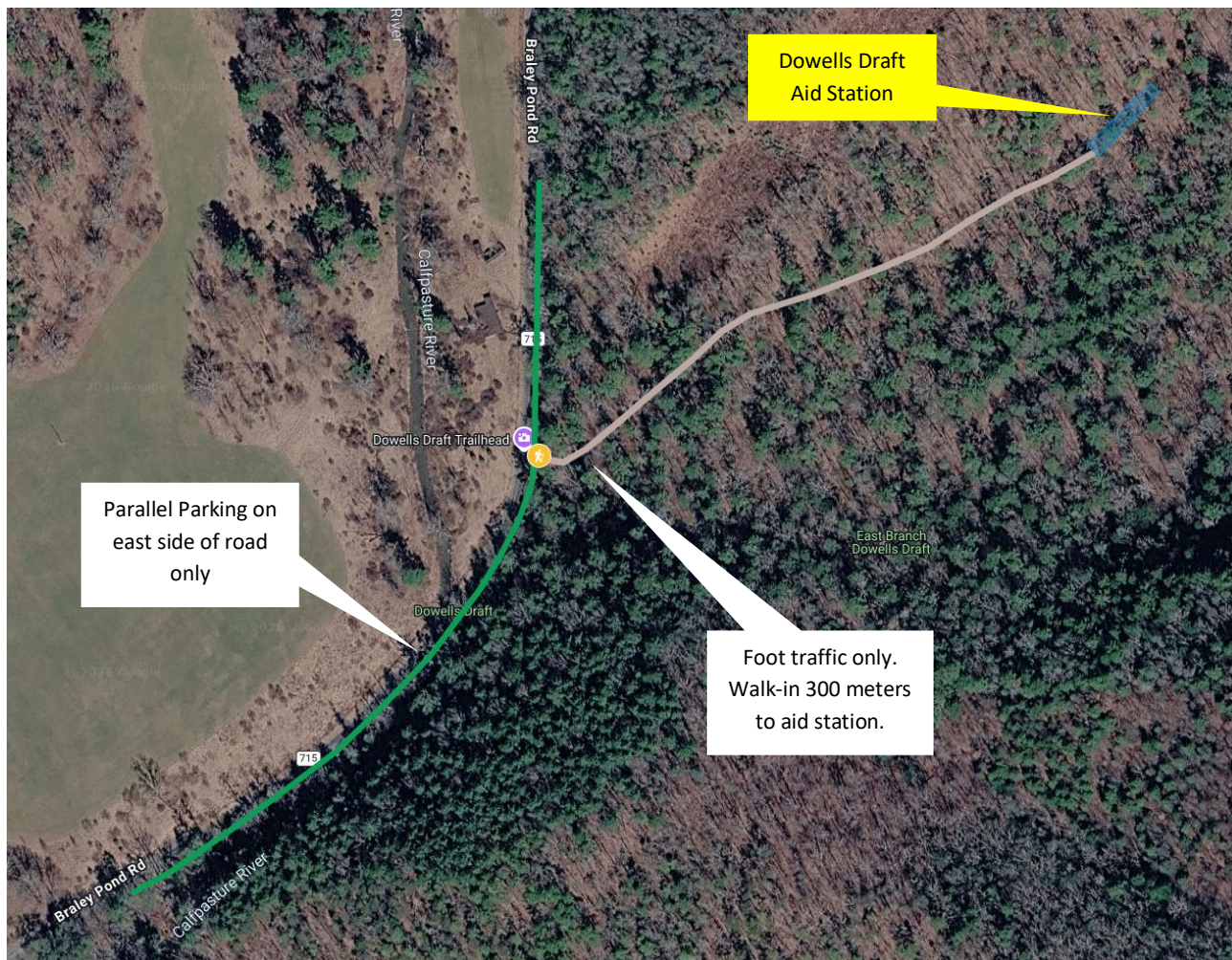
Approximate travel time from Shuttle Bus parking is 25 minutes

1. Turn left out of the Shuttle Bus Parking Lot onto North River Road
2. At the stop sign, turn left onto Stokesville Road (SR 730) (crews are not allowed to drive past North River Gap Aid Station from Camp May Flather, please obey these requests for runner safety and to alleviate congestion) and then veer right (.3 mile) to continue on SR 730 & follow 1 mile
3. Turn right to stay on SR 730 (now Stribling Springs Rd) & follow 3.1 miles
4. Turn right onto SR 728 (Stove Shop Rd) & follow 3.5 miles
5. Turn right onto US-250 West & follow 4.1 miles
6. Turn right onto Braley Pond Rd (SR 715) & follow north for .7 mile
7. Carefully park single file on shoulder of road that is on your right as you approach the access point

Walking access to Aid Station is on same side as parking; 300 meters walk past gate on USFS 449.

DO NOT park in front of or block the USFS GATE!!! All four wheels must be off road surface. If not, USFS law enforcement could give you a parking citation.

Map of Dowells Draft Parking & Walk-in Crew Access

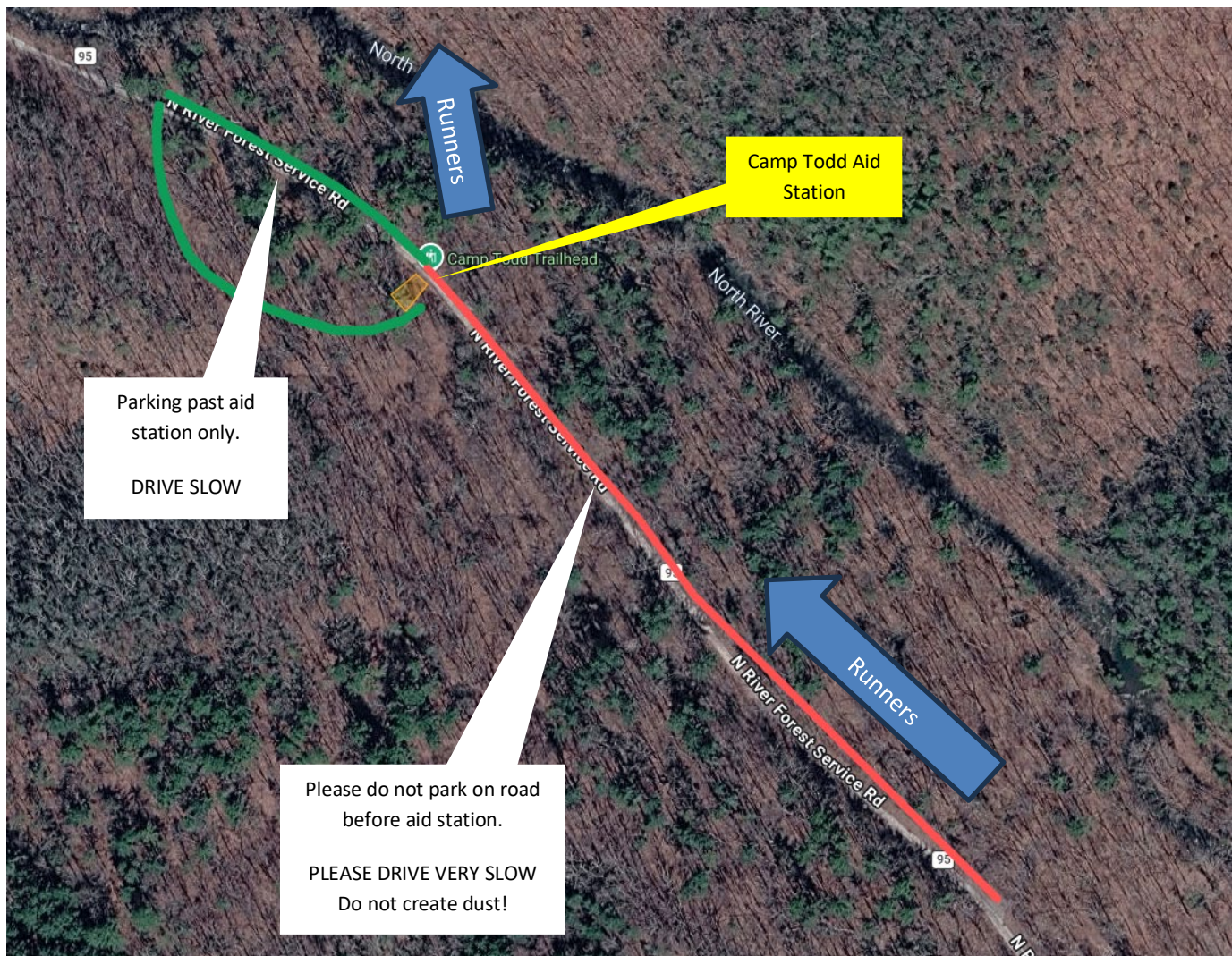


Camp Todd Aid Station Parking: <https://maps.app.goo.gl/J6Hgp4KUjA497g3z8>

Approximate travel time from Dowells Draft parking is 20 minutes

1. Continue north on Braley Pond Rd (SR 715 [paved] turns into USFS 96 [gravel]) & follow 5.4 miles
DRIVE SLOW ON GRAVEL, RUNNERS MAY BE ON ROAD, DO NOT CREATE DUST
DRIVE SLOW PAST MAGIC MOSS AID STATION, DO NOT STOP - NO CREW ACCESS
2. Turn left onto USFS 95 & follow 3 miles – DRIVE SLOW ON GRAVEL, RUNNERS MAY BE ON ROAD
3. Do not park before you get to the aid station – drive very slowly past aid station location
4. Park on road shoulder or in turn-outs, one side only – DO NOT block traffic

Map of Camp Todd Parking & Crew Access



North River Gap 2 Aid Station - ALL CREWS MUST USE SHUTTLE SYSTEM – NO PARKING ANYWHERE ELSE – DO NOT DROP OFF SUPPLIES NEAR AID STATION

Shuttle Schedule: Every 10 to 15 minutes

Open Friday 9:00pm to Saturday 4:30am & Saturday 8:00am to Sunday 2:00am

SHUTTLE Parking Location: <https://maps.app.goo.gl/QrSLLpwZYPJqf8r8A>

Approximate travel time from Camp Todd parking is 24 minutes

1. Going back in the direction you came from, follow USFS 95 for 3 miles
DRIVE SLOW ON GRAVEL, RUNNERS MAY BE ON ROAD
DO NOT FOLLOW ANY GPS DIRECTIONS THAT TAKE YOU ON LEADING RIDGE ROAD
2. At intersection, continue straight onto USFS 95 & follow for 2 miles
3. Turn left to stay on USFS 94 & follow for 4.4 miles

*****As you approach the aid station area, please drive with EXTREME caution, runners may be on the road. No stopping, loading or unloading supplies on N. River Road at aid station area. *****

4. Pass the aid station, turn right onto Stokesville Road and follow for 1 mile
5. Turn left onto North River Road and then right into a small gravel pull-off area at Stokesville Church and follow signage and parking attendant instructions for parking in grass field. Please do not double park.
6. Shuttle van will include a trailer for runner crewing supplies.
7. From shuttle drop-off/pick-up location, walking access to Aid Station is 300 meters
(watch for traffic as other roads are still open to non-Grindstone traffic)

Crews are not allowed to enter the Aid Station area

Please refer to maps for North River Gap 1

Start/Finish

Natural Chimneys Park & Campground: <https://maps.app.goo.gl/p9byNPUPjcveJA3k6>

1. Turn right out of the Shuttle Bus Parking Lot onto North River Road & follow 3.5 miles
2. Turn right onto Natural Chimneys Road (SR 731) & follow 0.4 mile to Natural Chimneys Park

100 Km DRIVING DIRECTIONS

Start/Finish

Natural Chimneys Park & Campground: <https://maps.app.goo.gl/p9byNPUPjcveJA3k6>

94 Natural Chimneys Lane, Mt. Solon, VA 22843

100Km crews can support their runner on-course at three aid stations:

1. North River Gap 1
2. Camp Todd
3. North River Gap 2

North River Gap 1 Aid Station - ALL CREWS MUST USE SHUTTLE SYSTEM – NO PARKING ANYWHERE ELSE – DO NOT DROP OFF SUPPLIES NEAR AID STATION

Shuttle Schedule: Every 10 to 15 minutes

Open Friday 9:00pm to Saturday 4:30am & Saturday 8:00am to Sunday 2:00am

SHUTTLE Parking Location: <https://maps.app.goo.gl/QrSLLpwZYPJqf8r8A>

Approximate travel time from Natural Chimneys Park is 7 minutes

1. Leaving the park, turn right onto Natural Chimneys Road (SR 731) & follow 0.4 mile
2. At the stop sign, turn left onto North River Road (SR 730) & follow 3.5 miles
3. Turn left into a small gravel pull-off area at Stokesville Church and follow signage and parking attendant instructions for parking in grass field. Please do not double park.
4. Shuttle van will include a trailer for runner crewing supplies.
5. From shuttle drop-off/pick-up location, walking access to Aid Station is 300 meters
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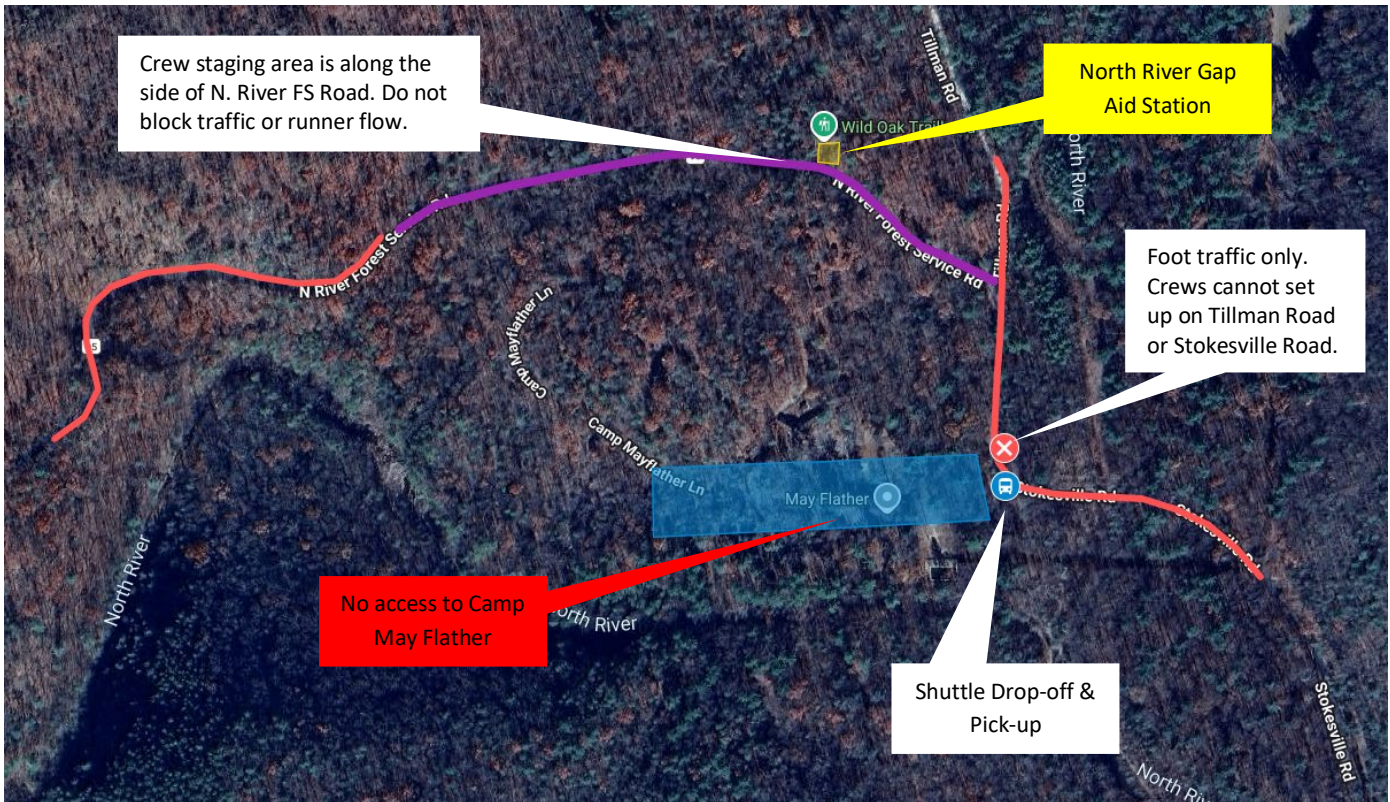
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Please refer to maps below

Map of Shuttle Bus Parking for North River Gap Aid Station



Map of North River Gap Shuttle Drop-off / Pick-up & Crew Access

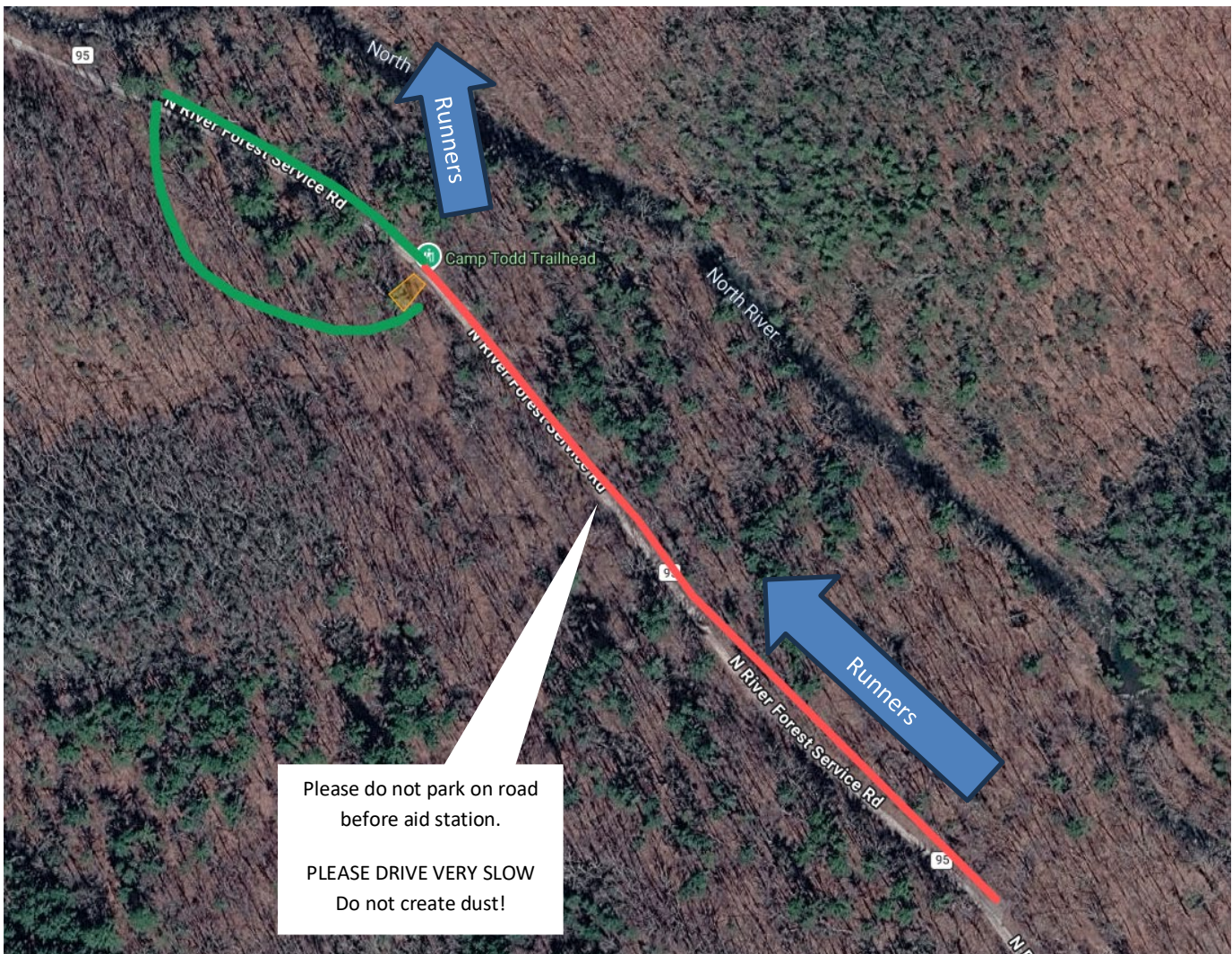


Camp Todd Aid Station Parking: <https://maps.app.goo.gl/J6Hgp4KUjA497g3z8>

Approximate travel time from Shuttle Bus parking is 45 minutes

1. Turn left out of the Shuttle Bus Parking Lot onto North River Road
2. At the stop sign, turn left onto Stokesville Road (SR 730) (crews are not allowed to drive past North River Gap Aid Station from Camp May Flather, please obey these requests for runner safety and to alleviate congestion) and then veer right (.3 mile) to continue on SR 730 & follow 1 mile
3. Turn right to stay on SR 730 (now Stribling Springs Rd) & follow 3.1 miles
4. Turn right onto SR 728 (Stove Shop Rd) & follow 3.5 miles
5. Turn right onto US-250 West & follow 4.1 miles
6. Turn right onto Braley Pond Rd (SR 715) [paved], turns into USFS 96 [gravel] & follow 6.2 miles
 DRIVE SLOW ON GRAVEL, RUNNERS MAY BE ON ROAD, DO NOT CREATE DUST
 DRIVE SLOW PAST MAGIC MOSS AID STATION, DO NOT STOP - NO CREW ACCESS
7. Turn left onto USFS 95 & follow 3 miles – DRIVE SLOW ON GRAVEL, RUNNERS MAY BE ON ROAD
8. Do not park before you get to the aid station – drive very slowly past aid station location
9. Park on road shoulder or in turn-outs, one side only – DO NOT block traffic

Map of Camp Todd Parking & Crew Access



North River Gap 2 Aid Station - ALL CREWS MUST USE SHUTTLE SYSTEM – NO PARKING ANYWHERE ELSE – DO NOT DROP OFF SUPPLIES NEAR AID STATION

Shuttle Schedule: Every 10 to 15 minutes

Open Friday 9:00pm to Saturday 4:30am & Saturday 8:00am to Sunday 2:00am

SHUTTLE Parking Location: <https://maps.app.goo.gl/QrSLLpwZYPJqf8r8A>

Approximate travel time from Camp Todd parking is 24 minutes

1. Going back in the direction you came from, follow USFS 95 for 3 miles
DRIVE SLOW ON GRAVEL, RUNNERS MAY BE ON ROAD
DO NOT FOLLOW ANY GPS DIRECTIONS THAT TAKE YOU ON LEADING RIDGE ROAD
2. At intersection, continue straight onto USFS 95 & follow for 2 miles
3. Turn left to stay on USFS 94 & follow for 4.4 miles

*****As you approach the aid station area, please drive with EXTREME caution, runners may be on the road. No stopping, loading or unloading supplies on N. River Road at aid station area. *****

4. Pass the aid station, turn right onto Stokesville Road and follow for 1 mile
5. Turn left onto North River Road and then right into a small gravel pull-off area at Stokesville Church and follow signage and parking attendant instructions for parking in grass field. Please do not double park.
6. Shuttle van will include a trailer for runner crewing supplies.
7. From shuttle drop-off/pick-up location, walking access to Aid Station is 300 meters
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Crews are not allowed to enter the Aid Station area

Please refer to maps for North River Gap 1

Start/Finish

Natural Chimneys Park & Campground: <https://maps.app.goo.gl/p9byNPUPjcveJA3k6>

1. Turn right out of the Shuttle Bus Parking Lot onto North River Road & follow 3.5 miles
2. Turn right onto Natural Chimneys Road (SR 731) & follow 0.4 mile to Natural Chimneys Park